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Autumn Rings Her Golden Bell

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Monthly Thoughts

BY CHARLES FILLMORE

From October 1 to October 31

Illumination: The night has vanished, and the day appears. Christ in me is my inspiration and light.

Prosperity: The riches of Spirit fill my mind and overflow into all my affairs, making prosperity manifest everywhere.

Healing: The same mind that was in Christ Jesus is in me, and I am healed, praise God, I am healed.

For instructions about these thoughts turn to page 48

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Judgment and Justice

from the writings of

CHARLES FILLMORE

Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured unto you.

And thou shalt put in the breastplate of judgment the Urim and the Thummim; and they shall be upon Aaron's heart, when he goeth in before Jehovah: and Aaron shall bear the judgment of the children of Israel upon his heart before Jehovah continually.

THE LAW AS GIVEN by Moses is for the guidance of man in the evolution of his faculties. The figures, personalities, and symbols represent potentialities developed and undeveloped on various planes of consciousness. The high priest stands for spiritual man, officiating between God and sense man. The breastplate in an armor protects the most vital part, the heart. The heart is love, the affectional

consciousness in man; it may be subject to the force of weak sympathy, unless balanced by another power in which is discrimination, or judgment.

The breastplate had on it twelve precious stones, representing the twelve tribes of Israel. This clearly means that the twelve faculties of the mind must be massed at the great brain center called the solar plexus. It means that all the intelligence of man's faculties must be brought into play in the final judgments of the mind. The Urim Thummim (Lights and Perfections; under the Egyptian symbology, "Truth and Justice") are the oracular edicts of Divine Mind that are intuitively expressed as a logical sequence of the divine principles, truth and justice.

A modern metaphysician would interpret all this as signifying the omnipresence of Divine Mind in its perfect idea, Christ. Truth is ready at all times to give judgment and justice. As God is love, so God is justice. These qualities are in Divine Mind in unity, but are made manifest in man's consciousness too often in diversity. It is through the Christ Mind in the heart that they are unified. When justice and love meet at the heart center, there are balance, poise, and righteousness. When judgment is divorced from love, and works from the head alone, there goes forth the human cry for justice. In his mere human judgment, man is hard and heartless; he deals out punishment without consideration of motive or cause, and justice goes awry.

Good judgment, like all other faculties of the mind, is developed from Principle. In its perfection it is expressed through man's mind, with all its absolute relations uncurtailed. Man has the right con-

cept of judgment, and ideally the judges of our courts have that unbiased and unprejudiced discrimination which ever exists in the Absolute. A prejudiced judge is abhorred, and a judge who allows himself to be moved by his sympathies is not considered safe.

The metaphysician finds it necessary to place his judgment in the Absolute in order to demonstrate its supreme power. This is accomplished by one's first declaring that one's judgment is spiritual and not material; that its origin is in God; that all its conclusions are based on Truth and that they are absolutely free from prejudice, false sympathy, or personal ignorance. This gives a working center from which the ego, or I AM, begins to set in order its own thought world. The habit of judging others, even in the most insignificant matters of daily life, must be discontinued. "Judge not, that ye be not judged," said Jesus. The law of judgment works out in a multitude of directions, and if we do not observe it in small things, we shall find ourselves failing in large.

Judging from the plane of the personal leads into condemnation, and condemnation is always followed by the fixing of a penalty. We see faults in others, and pass judgment upon them without considering motives or circumstances. Our judgment is often biased and prejudiced; yet we do not hesitate to think of some form of punishment to be meted out to the guilty one. He may be guilty or not guilty; decision as to his guilt or innocence rests in the divine law, and we have no right to pass judgment. In our ignorance we are creating thought forces

that will react upon us. "With what judgment ye judge, ye shall be judged." "With what measure ye mete, it shall be measured unto you." Whatever thought you send out will come back to you. This is an unchangeable law of thought action. A man may be just in all his dealings, yet if he condemns others for their injustice, that thought action will bring him into unjust conditions; so it is not safe to judge except in the Absolute. Jesus said that He judged no man on His own account, but in the Father; that is, He judged in the Principle. This is the stand which everyone must take—resting judgment of others in the Absolute. When this is done the tendency to condemn will grow less and less, until man, seeing his fellow man as God sees him, will leave him to the law of the Absolute in all cases where he seems unjust.

The great judgment day of Scripture indicates a time of separation between the true and the false. There is no warrant for the belief that God sends man to everlasting punishment. Modern interpreters of the Scripture say that the "hell of fire" referred to by Jesus means simply a state in which purification is taking place.

The word "hell" is not translated with clearness sufficient to represent the various meanings of the word in the original language. There are three words from which "hell" is derived: Sheol, "the unseen state"; Hades, "the unseen world"; and Gehenna, "Valley of Hinnom." These are used in various relations, nearly all of them allegorical. In a sermon Archdeacon Farrar said: "There would be the proper teaching about hell if we calmly and deliberately

erased from our English Bibles the three words, 'damnation,' 'hell,' and 'everlasting.' I say—unhesitatingly I say, claiming the fullest right to speak with the authority of knowledge—that not one of those words ought to stand any longer in our English Bible, for, in our present acceptation of them, they are simply mistranslations." This corroborates the metaphysical interpretation of Scripture, and sustains the truth that hell is a figure of speech that represents a corrective state of mind. When error has reached its limit, the retroactive law asserts itself, and judgment, being part of that law, brings the penalty upon the transgressor. This penalty is not punishment, but discipline, and if the transgressor is repentant and obedient, he is forgiven.

Under our civil law, criminals are confined in penitentiaries where it is intended that order, regular habits, and industry be inculcated, and that what seems punishment may prove to be educational. Men are everywhere calling for broader educational methods in our prisons, and this demand is an acknowledgment of the necessity of purification through discipline and training in morals. This purifying process is the penalty taught by Jesus—the judgment passed on sinners—the "hell of fire." When it is received in the right spirit, this fire burns up the dross in character and purifies mind and body.

Metaphysicians have discovered that there is a certain relation between the functions and organs of the body and the ideas in the mind. The liver seems to be connected with mental discrimination, and whenever man gets very active along the line of judgment, especially where condemnation enters in,

there is disturbance of some kind in that part of the organism. A habit of judging others with severity and fixing in one's mind what the punishment should be causes the liver to become torpid and to cease its natural action; the complexion becomes muddy as a result. "There is therefore now no condemnation to them that are in Christ Jesus . . . who walk not after the flesh, but after the Spirit." This statement held in mind, and carried out in thought and act, will heal liver complaint of that kind. Another form of thought related to judgment is the vacillating of the mind that never seems to know definitely what is the proper thing to do: "A double-minded man, unstable in all his ways." There must be singleness of mind and loyalty to true ideas. Everyone should have definite ideas of what is just and right, and stand by them. This stimulates the action of the liver, and often gives so-called bad people good health, because they are not under self-condemnation. Condemnation in any of its forms retards freedom of action in the discriminative faculty. When we hold ourselves in guilt and condemnation, the natural energies of the mind are weakened and the whole body becomes inert.

The remedy for all that appears unjust is denial of condemnation of others, or of self, and affirmation of the great universal Spirit of justice, through which all unequal and unrighteous conditions are finally adjusted.

Observing the conditions that exist in the world, the just man would have them righted according to what he perceived to be the equitable law. Unless such a one has spiritual understanding, he is very

likely to bring upon himself physical disabilities in his efforts to reform men. If his feelings come to a point of "righteous indignation," and he "boils" with anger over the evils of the world, he will cook the corpuscles of his blood. Jesus gave this treatment for such a mental condition: "For neither doth the Father judge any man, but he hath given all judgment unto the Son." This Son is the Christ, the universal cosmos; to its equity, man should commit the justice that he wishes to see brought into human affairs. Put all the burdens of the world upon the one supreme Judge and hold every man, and all the conditions in which men are involved, amenable to the law of God. By so doing, you will set into action mind forces powerful and far-reaching.

If you think that you are unjustly treated by your friends, your employers, your government, or those with whom you do business, simply declare the activity of the almighty Mind, and you will set into action mental forces that will find expression in the executors of the law. This is the most lasting reform to which man can apply himself. It is much more effective than legislation or any attempt to control unjust men by human ways.

Jealousy is a form of mental bias that blinds the judgment and causes one to act without weighing the consequences. This state of mind causes the liver to act violently one day and to be torpid the next, finally resulting in a "jaundiced eye" and yellow skin. We speak of one "blinded by jealousy," or "blinded by prejudice." We do not mean by this that the physical eyes have been put out, but that the understanding has been darkened. Whatever darkens the

understanding interferes in some way with the purifying processes of the organism, and the fluids and pigments are congested and the skin becomes darkened in consequence.

The remedy for all this is a dismissal of that poor judgment which causes one to be jealous, and a fuller trust in the great all-adjusting justice of God. In this there should be active trust, which is a form of prayer. The disturbing elements that come into life should be definitely placed in the hands of God. This is much more than mere doubtful trust, or negative expectancy that things will be made right. The Spirit of justice should be appealed to and prayed to with the persistency of an Elijah, or of the Gentile woman whose importunity was rewarded. When the metaphysician sits by his patient with closed eyes he is not asleep but very much awake to the reality and mental visibility of forces that enter into and make the conditions of the body. This spiritual activity is necessary to the demonstration of the law.

Success in the world is largely dependent on good judgment. A prominent businessman was once asked what he considered the most valuable trait of mind in an employee, and he replied: "Good judgment." Everywhere businessmen are looking for people who have judgment equal to the making of quick decisions, on the spur of the moment. Years ago a passenger train was wrecked near a little town in Texas. The station agent in the little town showed his good judgment by settling, right on the spot, with the injured. He did this without authority from headquarters, but he showed such excellent judg-

ment that his ability was recognized and he was rapidly advanced until he became president of one of the largest railroad systems in the United States.

But clearing your understanding and acknowledging the one supreme Mind in which is all discrimination, you can cultivate the ability of your mind to arrive quickly at right conclusions. Take the stand that it is your inheritance from God to judge wisely and quickly, and do not depart therefrom by statements of inefficiency in matters of judgment. When you are in doubt as to the right thing to do in attaining justice in worldly affairs, ask that the eternal Spirit of justice shall go forth in your behalf and bring about and restore to you that which is your very own. Do not ask for anything but your very own under the righteous law. Some people unconsciously overreach in their desire for possessions. When they put the matter into the care of Spirit, and things do not turn out just as they had expected in their self-seeking way, they are disappointed and rebellious. This will not do under the spiritual law, which requires that man shall be satisfied with justice and accept the results, whatever they may be. "There is a divinity that shapes our ends"; it can be co-operated with by one who believes in things spiritual, and he will thereby be made prosperous and happy.

But if the Spirit of him that raised up Jesus from the dead dwelleth in you, he that raised up Christ Jesus from the dead shall give life also to your mortal bodies through his Spirit that dwelleth in you.—ROMANS

"Rest a While"

HAROLD A. SCHULZ

JOHN RUSKIN DECLARED, "There is no music in a rest . . . but there's the making of music in it." Mr. Ruskin aptly expresses the need of rest for the whole creation of life. Human beings can endure going without rest or sleep only a certain length of time without showing physical effects. Animals take their rest when they feel the need of it. Even the soil, the wonderful earth, requires relaxation to the extent that crops must be rotated. In Old Testament times it was a religious requirement that all land lie idle for one year out of every seven.

In the creation of the world God exemplified the value of rest. After He had perfected the invisible and visible worlds and reviewed all His works, He rested on the seventh day. His resting was an example to the human race.

Have you ever noticed on a spring or summer morning how all vegetation, flowers, and other plants appear refreshed, erect, and alert with new life? They have actually rested during the night.

Worship and prayer are the highest and loftiest forms of rest known and practiced by man. Complete rest is more than just physical relaxation. True rest needs to be spiritual in nature. While walking along the busy streets of a large city one summer morning, I approached a large cathedral. The doors were open, and people were entering. As I walked in, I noticed a sign giving the schedule for midday

prayer and worship services. During a fifteen or thirty-minute period each of those persons within the cathedral laid aside the heavy weight of tasks, mental worry, and the rush of life. There in the cool stillness of those walls they listened to the reading of a chapter of the Bible, but most of the time they sat in silent prayer and meditation and left whenever they desired. Thus, refreshed and renewed, they returned to the busy streets and shops, their beings filled with the music of God, better able to harmonize with friends and co-workers. I appreciated with them the welcome, joyous hour of upliftment away from the noise and bustle of the street.

Whatever length the rest period may be, from the ten-minute pause in the morning or afternoon to the three-week vacation, it is essential to get as utterly still as possible and become one with God's Spirit in you. Repeat an appropriate Truth statement over and over in your mind. This will fill you with the power that only the Creator, the first exemplar of rest, gives. Examples of these statements are: *"I let the peace of Christ rule in my heart." "Jehovah is my strength and song." "The Lord God in the midst of me is mighty."*

Many persons become tired and worn out because they harbor worrisome, antagonistic, or resentful thoughts. The cure is to think of the love and the peace of God, which surpasses human understanding. Relaxation in prayer lifts the mind and heart above the human and worldly into the spiritual consciousness. God thoughts are lofty and mightily able to buoy the low spirits. Such a prayer to speak is, *"God's love and peace fill my whole being; I con-*

tain only thoughts of love and peace for others." While ordinary time-outs may not assure actual rest, true prayer, and meditation, for a moment can guarantee relaxation, refreshment, and upliftment.

Jesus knew the therapeutic value of rest and prayer when He suggested to His weary apostles, "Come ye yourselves apart into a desert place, and rest a while." It can be safely assumed that Jesus and His apostles did this often. Sometimes He repaired to a mountainside. In The Gospel According to Matthew we read, "And after he had sent the multitudes away, he went up into the mountain apart to pray: and when even was come, he was there alone." The main thing is, Jesus went "apart" from the multitude, the throng, the noise and strife, the world of things in order to be alone with God. This is the secret—to be alone with God. The desert place or mountain represents the "inner chamber" of prayer, in which we receive both physical relaxation and spiritual upliftment.

Jesus invites us, "Come unto me, all ye that labor and are heavy laden, and I will give you rest." He adds, in effect: "My way is easiest. I will receive unto Myself your burden of worry, fear, or whatever the problem is. My burden is light, for it is peace that I give unto you for your mind as well as your body. My burden is truth, which makes you free."

All you have to do is to believe that peace and rest are yours by virtue of the power of God within you and to realize that these gifts are yours now. God, who is perfect and loving, is the only reality within you and has no place beside imaginative fears. The power of God within is able to strengthen you.

"Walk in Newness of Life"

L. STEVENS HATFIELD

AS CHRIST WAS RAISED from the dead through the glory of the Father, so we also might walk in newness of life."

Centuries ago the Psalmist marveled,

"What is man, that thou art mindful of him? . . .
For thou . . . crownest him with glory and honor.
Thou makest him to have dominion over the works of thy hands."

Jesus was probably the first person who really accepted the truth of His dominion. He was vitally positive and ever constant in His recognition of God's presence and power. There could be no wavering, no indecision in One who invoked the Holy Spirit in the healing of the lame, in the restoring of sight to the blind, in the raising of the dead, in the stilling of the waves. As the Son of God He knew that He was created in God's image and likeness, that He was capable of expressing all the qualities of Spirit and of rising victoriously out of bondage and limitation. It may surprise you to learn that the power that was resident in Jesus Christ is resident in you, quickening in you the realization that you, too, are divine and immortal.

No matter where you are, what challenges you have to meet, or what changes you undergo, you are never separated from God. In the depths of darkness and despair God is with you, a guiding hand, a steadying influence, an unshakable assurance that

you will come through safely and be resurrected in His love. It is your destiny to remain forever with God. Through the Christ in the midst of you you are forever held safe and secure. "Your life is hid with Christ in God."

The full significance of Jesus' sweeping statement, "I came that they may have life, and may have *it* abundantly," becomes clear when we remember that He is the apostle of life. All through His ministry He taught that the great gift of God to us is life—life that is ever being renewed, life that is eternal. When we are in need of better health, a more perfect manifestation of life, we can gain it through accepting Jesus' promise of life more abundant. He did not limit it to any particular class or sect. In His promise the word they includes you, me, our loved ones, our friends and neighbors, even our seeming enemies—every human being on the compass of the earth. As Jesus reminded His followers, "Ye search the Scriptures, because ye think that in them ye have eternal life."

When we accept the truth that God is life, not only the giver of life but life itself, we open the way to a complete expression of life in us. Since there is no limit to this life, we can have all of it that we require, or that we will accept. We are not to live with difficulty, but in the unlimited health and strength that are our heritage from our Father-God. Our lives take on new significance as we realize this inexhaustible source of our strength and our being.

When we long for more vitality, more love, more happiness it is because Spirit within us is not satisfied; it is because we feel that we are not getting

all that we should from life. When this occurs we should look upon this dissatisfaction as an indication that we have come to a place where we need to unfold more of our inner powers, where we need to give greater expression to the infinite life in which we have our being.

Within us are resources and energies that, when accepted and released, bless us with a vigor and health we have not known before. Within us are capacities for understanding and love that, when cultivated and given expression, win the response from others that we need for happiness. Within us are potential skills and abilities that, when developed and used, create for us a place of satisfying expression and bring us the financial supply we need. The path that we should follow is revealed to us through the all-wise, all-loving Spirit within us.

Sometimes it may seem that we are called upon to do more than we are able to do. We may not feel physically fit to carry on more than our everyday tasks; we may not feel emotionally able to meet what we must meet. We may not feel spiritually equipped to overcome the seeming obstacles. When we feel that we are not able of ourselves to do what is required of us we should become very still and know within ourselves, *"I can do all things in him that strengtheneth me."* The oftener we affirm this, the greater will be our feeling of strength and power and capability.

Sometimes it may seem that the good we long for and desire is being withheld from us. We may struggle and strive to make some particular demonstration, when, if we only realized it, God's good for

us is right at hand. When we put our personal will and desire before everything else we often fail to see the blessings that God has prepared for us. We do not see anything other than our personal concepts of how our lives should be.

Before we do anything in the outer we should prepare our minds and hearts for that which we desire by getting still and placing ourselves, all our plans and needs "lovingly in the hands of the Father." Instead of thinking of all that needs to be done, let us think of the power of God within us. Let us give thanks that we need to do only one thing at a time, to live only one day at a time. In this way we can keep relaxed, serene, and calm, knowing that God is with us in all that we do, that His Spirit goes before us to make easy and perfect our way.

In The First Epistle to the Corinthians Paul asked the pertinent question, "Know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God?" As surely as you accept this knowledge, as you believe without the shadow of a doubt that your body is the temple of the Holy Spirit, the Spirit of wholeness that you have from God, surely will His light of health and wholeness shine undimmed through your body.

Right where you are, this very moment, think of every cell in your body, every thought in your mind as an open window through which the light of God shines in all its healing love and power. If any of the windows seem closed or curtained or dimmed by thoughts of inharmony, unhappiness, or disease, let the light shine through by affirming that God is your perfect wisdom, your perfect faith, your perfect

peace, your perfect life. "Glorify God therefore in your body."

Make it your aim each day to seek new ideas for growth and development. Enthusiasm for finding new ways to do the routine tasks, faith in your ability to learn and to progress will keep you from feeling tired or bored or old. Your interest in life and living will keep you young and help you to succeed. Learn to talk to God in the silence of your being. This is the way of divine guidance, the way out of trouble, the way to health, happiness, and success.

Do you ever ask yourself: "What is the cause of my trouble? Why does this happen to me?" When you begin to question yourself you have begun to see that you, through your thoughts and words and acts, have had a part in making your life what it is. If you have now come to this place, you realize that conditions are effects, not causes; that the cause of any inharmony is first in the mind; that the way out of all inharmony is in the mind, that is, in a change of thought. Do not make the mistake of going back over your life trying to trace the cause. A more helpful procedure is to realize that, whatever the cause, you have the power to change your thinking. Through the Christ Spirit within you you are set free from the past, set free to go forward into a new and happier way of life. "Jehovah . . . maketh a way in the sea, and a path in the mighty waters."

In turning to God you see more clearly His pattern of goodness. You see that you have only to claim your good to bring it forth. You feel that He never withholds any blessing from you. He only waits for you to grow in understanding and in consciousness

until you can claim your own. Now is the time to turn to Him and receive that which is yours. "But seek ye first his kingdom, and his righteousness; and all these things shall be added unto you."

Many persons shut themselves off from success and the joy of accomplishment because they feel that they do not have the qualifications or opportunity to do the thing they really want to do. If there is a really inspired desire in your heart to do a certain work or to express yourself in a particular way, there is always a way to fulfill this desire. Through asking in prayer for ideas and guidance you are guided to the right persons and the right place to obtain the fulfillment of your true desire in the right way. God will show you how to make the most of your faculties and capabilities. He will show you how to have a progressive, successful life.

Whatever your need, you may be sure that God is ever ready and willing to bless you. If you need health, trust Him to heal you. Know that He is constantly renewing and rebuilding your body temple. If you need peace and comfort, trust Him to bless you with the sustaining strength and poise to meet every experience. If you need guidance, trust Him to show you the way, to light your path so there will be no indecision or stumbling. If you need supply, trust Him to provide abundantly for your daily needs. "Your Father knoweth what things ye have need of."

If your life and affairs seem to be filled with inharmony or confusion, become quiet and affirm that divine order permeates your thoughts and emotions, the very atmosphere about you. Know that God's harmonizing power is at work at all times establish-

ing right conditions and adjusting every situation. To become still when you seem perplexed or confused, to let the realization of God's power fill you is the swift, sure way to bless conditions and to bring about right and orderly solutions. As you gain new understanding of the spiritual law of divine order, it will be established in your life.

One way to enjoy fully the present moment and to keep your mind open to progress is to live each day in the thought that you are a new creature in Christ. You are not exactly the same person you were yesterday; you are far different from the person you were a year ago. You know there have been many little outer changes; you know also that there are inner changes. This will keep you free from resistance to any change that may occur in your life. It will keep you young, vital, alert, interested in the life of God about you.

If you have some special healing problem you are working on, take time each day consciously to still your thoughts and rest in the assurance of God's life and wholeness. If you feel the need of more strength and vitality to carry you through each day, affirm that you are one with God's life and energy. As you keep your thoughts centered on life and wholeness, all ills, however large or small, will disappear, and you will become radiant and vital. The perfection that is your divine heritage will come into expression in your mind and body.

If you feel lack in any place in your life, if you feel that you have had to go without some good thing that you want, acknowledge God as the source of your supply, and He will pour out His rich bless-

ings upon you. Consecrate your day to God, and every moment of it will be filled with joy. Open the windows of your heart and mind to Him, so that His light may come streaming through in radiant glory. Believe that the Christ within you is an enduring, unchanging power that now gives you the strength, the courage, the peace of mind you need. You are calm, steady, and stable in the truth that nothing in all the world can disturb or distress you. Your heart is at peace, for you know that God is a vital power to aid you whenever you need Him. The strength that He sends forth through you is a quiet strength that is unfaltering. He bestows on you His blessing of courage and fearlessness and love. Think of yourself today as having the very authority of Christ behind you, and you will feel a new strength and confidence that will see you through any situation.

Ofttimes what seems the most difficult experience in life stirs into action great spiritual qualities that give us more understanding hearts. Experiences in themselves may be likened to problems in arithmetic that teach us the principle. The important thing about the problem is the understanding gained in working it, which enables us to solve other problems when they are presented. Through understanding we are able to meet and overcome other problems successfully, thus giving us courage to go ever forward, knowing that a free spirit is always a conquering spirit. "It is the spirit that giveth life."

When, after praying for guidance, you have been led to take a certain step, you can know that for the time being, at least, it is the right move regardless of how things may seem. It is not wise to look back

constantly, to wonder if you should have taken some other way. As a child of the loving Father assume that because you have asked for guidance you have received, even though your present understanding may not enable you to see His good at once.

To get a sustaining realization of your oneness with the pure and perfect life of Spirit, it is good to practice being very still and to give yourself over to the awareness of the life of Spirit within you, to feel its quickening throughout your entire body. Daily practice of this awareness will build up a consciousness that will sustain you in life and strength through strenuous or challenging times and increase your physical and mental capacities and your endurance. This very instant take a new hold on life, confident that the Spirit of good is working for you. Be alive to life, alert to the beauties about you, awake to new opportunities. Make every moment a zestful experience. Look upon life as fresh and vital and be renewed in mind and heart. Be so eager for the good, love it so intently that you no longer pay the slightest heed to adversity.

You have the same life that Jesus had, so in very truth God is the health and strength and perfection of your being. The life that gave Jesus invincible life is your life now. No matter who you are or what you have been in the past, your life is from God.

"Jehovah is the strength of my life;
Of whom shall I be afraid?"

"If the Spirit of him that raised up Jesus from the dead dwelleth in you, he . . . shall give life also to your mortal bodies."

"The free gift of God is eternal life."

Teeter versus Totter

EVA KENAGA

COUNTLESS THOUSANDS of words have been written and spoken in the attempt to persuade man to avoid the extreme of any situation and to achieve a nicety of balance that will keep him on solid ground.

The average adult is aware of the dangers of the "too" extremes—too high or too low; too rich or too poor; too conservative or too liberal. And the world seems to be full of pitfalls for the unwary who do not constantly watch their step. Almost any virtue, however, if practiced beyond certain limits, can become a vice. Who has not watched the virtue of thrift turn into miserliness because it got out of bounds? Who has not seen cleanliness transformed into a meticulousness that drove enjoyment and pleasure out of a home? Who has not met over-conscientiousness that drove its owner to fantastic measures to attain perfection?

So our forebears cautioned us that "moderation in all things is a virtue." We are warned that "in everything the middle course is best" and we should balance our living. But how do we go about this difficult feat?

One way is by watching carefully the application of your own rules of conduct to the details of your everyday living. Suppose you love to read. What yardstick shall you use to measure the amount and the kind of reading you do? Shall it be the yardstick

of need or of leisure or the amount of eyestrain you can take? Will it be based on the whim of the moment or on a planned program for a specific purpose? To get the most from your reading, you must be conscious of the delicate balance between too much and not enough. This demands the constant making of decisions, large and small.

There is a poignant picture in my mind's eye. In it I see myself as a little girl. This picture is especially clear to me because I see it from the vantage of my grandmotherly years and also from the heart of that little girl of long ago. I stand on the fringe of a group of fascinated children, watching the teeter-totter on the school grounds at recess. I am afraid when one of the older girls picks me up and places me, speechless and quivering, on one end of the board. All my watching has not prepared me for the delirious zoom into the air—nor, unfortunately, for the teeth-jarring boom as I hit the ground. The heavier girl on the other end squeals with delight to see my long yellow pigtails fly and to hear my yelps as I fly through the air. This subtle torture continues for a time; but just as I am beginning to enjoy it a little, I am yanked off the board. Later, with schoolmates nearer my own size, we experiment and have the fun of adjusting the distance of our weight from the center to achieve perfect balance. When we are perfectly balanced we have the thrill of being suspended without having to "hang on."

In our adult years we would do well to view with apprehension and suspicion similar actions that might carry us to the heights only to dash us earthward again. This is not to deprecate the enjoyment

of contrasts in our lives; without them we would be very dull. But we do need to avoid the extremes, both in our mental and physical behavior. We need to observe prudence and every so often to observe our tendencies in order to determine whether they are leading us in the direction we want to go.

One of the best ways we know to do this is to identify ourselves consistently with the Father. Jesus did this. He spoke often to His apostles of His oneness with the Father. He prayed many times "that they may all be one; even as thou, Father, *art* in me, and I in thee." This realization was the source of His strength and of His power. And repeatedly He urged His followers to attain this realization.

Unity with the Father is a blessing that is difficult, indeed, to appropriate for ourselves. So much of the teaching and belief of the world has been the opposite of this conception. It will take constant watching and doing to claim this heritage in the face of all opposition. But it can be done, as Jesus showed us by the perfection of His life.

"Give diligence to present thyself approved unto God, a workman that needeth not to be ashamed."

Then, little by little, we shall achieve that balance and poise which will enable us to be in the world, but "not of the world."

Whatever high station you may be placed in by fortune, remember this, that God will not estimate you by the office, but by the manner in which you fill it.—CHANNING

Measuring Cups of Truth

GENEVIEVE COURTNEY MAURER

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THERE MAY BE SOME who have gained the impression that if the world indorses a particular idea, it should straightway be cast aside. The Christ within us is our guide to decision. God substance is everywhere evenly present. Our part is to see good wherever it is, and only good. We do not condemn; that which we recognize to be good and good for us, we thankfully accept. We need to keep a helpful attitude toward the world, to know that the world too is on its upward journey, and that it is on its way to full awakening.

Certainly the world has already made many discoveries that are entirely in line with Truth. Among these are the ways by which we learn. Our whole system of modern education is founded on the idea of "establishing the consciousness" and thus awakening the capabilities of the individual. In fact, as soon as educational leaders combine the ways of teaching that they have uncovered with Truth as their source and context—as soon as they turn "the shield" toward God—there will take place the great spiritual awakening that all of us are so confidently expecting and looking forward to.

But each of us who feels so led may pioneer in bringing forth this universal awakening, as through our mastery of self we become thoroughly alive and awake to the oneness of God's presence, power, in-

telligence, and substance in all things visible and invisible. Since many of us have put in long years as students in our schools, we find it easy and productive of results to make use of the methods by which we have been taught to establish Truth instead of information in consciousness. The process of intelligent repetition, by which we learned, is the same that is now used in all Occidental systems of education.

Please note particularly the use of the term "intelligent," for meaningless repetition will never bring enlightenment. Thoughtful, intelligent consideration of the truth repeated again and again will do so however, and after the awakening in consciousness we find results manifesting themselves in works.

The child learns to read in this way; he also establishes habits of cleanliness, honesty, and courtesy by establishing these traits in consciousness through repeated doing. Our name for this process is "training." Advertising as well as secular and religious literature, including the Bible, make constant use of repetition, because it is well known that if we bring an intelligent mind to bear on anything, we establish a consciousness or awareness of it. When consciousness is sustained, awakening arrives, and action follows.

Indeed, when we intelligently apply what our heart reveals to be right, true, and necessary for us, we are making splendid use of the golden side of "the reversible shield." For example, divine intelligence points out to us that we have need of a greater consciousness of courage. We may affirm that divine courage is constantly being expressed through us and

try sincerely to believe it. Yet when late at night there is a strange footfall on the porch and no one else is in the house, we find ourselves quaking and growing cold with fear at the very thought of answering the door. Still, by repeatedly considering thoughtfully what true courage is and realizing that we have nothing to fear because there is One within us who is greater than any outer thing, we keep identifying ourselves more closely in consciousness with the supreme courage of the indwelling Christ.

Through this intelligent repetition of a true idea, awakening comes to the fact that we are all one in the unity of God, and then the corresponding good appears in the manifestation of divine courage, or of perfect and complete love. In this matter of courage, as soon as we have progressed to an awareness of our oneness with Christ and God, we have to that extent reflected God truly and attained the victory through Him. By resolute, repeated practice we thus expand our consciousness of God and go steadily forward to greater triumphs over self.

Naturally each one is desirous of revealing God in his own rightful individual manner, of expressing good in the way suited to his talents. Consequently each one might make out lists containing affirmations of the Truth that divine intelligence has revealed to him as a useful means of manifesting his divinity more fully. To make these individual lists or "molds" of organized good, which the author calls "training cards," we may group the ideas that we wish to see established in consciousness under various headings, such as "Oneness with God," "Supply," "Health," "My Home," and so on. Each of us will find him-

self earnestly consecrated to the task of becoming one with Christ in different phases of his consciousness. Quite obviously no two individuals will make cards exactly alike. Nor can one person do it fully for another, for no one except the Christ knows his consciousness. One person may be interested in expressing God through Christ ministry in a Unity center, another through writing, still another through business; or he may find his mission in the expression of the good life, or in the perfect body, or possibly in domestic harmony. If we know what we need, divine intelligence has revealed it to us; and if we are not yet aware of it, we may ask for guidance, keeping our vision with God, and it will be made clear to us.

We ourselves, our minds, our demonstrated good are all substance. The inexhaustible substance of God is omnipresent, but the substance is formless until organized by mind. Ideas therefore are the molding agents or "measuring cups" that determine for anyone both the quality and the quantity of this perfect substance. For this reason, we can be in our expression as much or as little of this good as we care to vision.

We have seen that our minds are reflectors of divine good when we keep them turned steadfastly toward God. As we intelligently sustain in these reflectors all the precious ideas of God substance that have been revealed to us as ours by spiritual right, we find that they are reflected through us as demonstrations of good. The God substance, when reflected in visible, tangible, usable form is an outpictured expression of God. All is God. The indwelling Christ does the work in and through us in God.

Whenever we are in conscious at-one-ment with the Christ Mind, all our faculties and senses are quickened so that we very definitely and quickly perceive the truth of each affirmation or statement on the training cards that we have made, for divine intelligence has all the aliveness and alertness of youth in action. Consequently, as daily or several times daily, always in the conscious presence of the Christ, we read over these divine reminders of God and thus seek to become established in God's Truth, let us keep this youthful and refreshing approach to the Christ within us. Let us from Him receive simply, directly, the pure, delightful, and uplifting quickening and inspiration that results from every association with the One who is good itself and the transformer of formless God substance into the manifest substance of God.

From experience in establishing the consciousness of those truths that flash through us as our own, it has been found best for each individual who wishes to reflect more of the good of God to make out his own training cards. As suggested models for these cards the ideas that follow are offered. Knowing always that the indwelling Christ does the work, we sustain our ideas of Truth in consciousness, and as the consciousness of good is sustained in closer and closer identity with the mind of Christ, it is expanded until we know, and know that we know, that these "measuring cups" are enlarged and filled, brimming full, with the inexhaustible, wholly good substance of God.

FOR SUSTAINED CHRIST AWARENESS

Indwelling Christ Mind, divinely establish the

Truth in me that I may know and know that I know that—"

"I and the Father are one."

The real self in me is the master of myself and of all my affairs.

I am pure Spirit: radiant, shining, white Christ light.

I am instantly and forever awake to the one Presence and one Power.

The will of God for me is complete freedom through self-mastery.

Christ is the ever-present power through which I produce good.

I feel the radiant Presence; I see my eternal substance.

I express the Christ child purity and simplicity of character.

The radiant God substance now fills my body, mind, affairs, purpose, influence, and work, and expresses itself perfectly through me.

I am a center of divine charm, graciousness, calmness, poise, love, and serenity.

I express divine Christ love deeply, easily, freely, spontaneously, constantly, and consistently in all ways and at all times.

Truth is impersonal and impartial always; it looks beyond the human and sees through to the divine. I have a profound love of Truth. I penetrate the hidden meaning of all things.

I am truly wise: I know what I should do, and I do it.

I am steady, steadfast, and divinely stabilized in God.

With divine persistence I achieve, I complete, I reveal, I express.

I stand firm through everything while my good unfolds.

I rejoice in my increased consciousness of God—good.

I joyfully and thankfully reveal my unfoldment in divine demonstration.

FOR MY WORK

Indwelling Christ Mind, divinely establish the Truth in me that—

I am a living witness to God's worth and work, a divine reminder of good.

I feel the good of God. I see the good of God.

I am a center of divine vitality, strength, and energy.

My mind is alive, alert, keen in understanding.

I express the Christ Mind and Presence in all my activity.

I rejoice and give thanks for my right work.

I like all that I do. I inspire and achieve the best.

I do all things easily, graciously, and well, to the perfect satisfaction of all concerned.

I give and take in divine harmony. I ignore the unpleasant.

I cheerfully co-operate with All-Good.

I am awake to instant guidance and sure judgment.

I am guided to make the right contacts. I always know what I am doing.

I have the correct focus. I see things in their wholeness, as they are in God.

I intelligently foreplan the good—for myself, and for my affairs.

Wherever I am, I radiate joy, encouragement, good cheer, inspiration, peace, and the harmonizing power of the indwelling Christ.

I radiate divine love toward all my ideals.

I consciously see my work filled with the radiant, free-flowing, inexhaustible substance of God, and I know that it is wholly good.

My work is rich with the interest and bounty of the Father.

Divine love prospers and blesses me.

I clothe my work safely round with infinite love and wisdom.

FOR ABUNDANCE

Indwelling Christ Mind, divinely establish the Truth in me that—

I am forever awake to the free-flowing wealth of God.

I am forever aware of the eternal, indestructible substance present in and through all things.

I feel the wealth of God.

I express the wealth, plenty, and riches of God in all my ideas and affairs.

I see, feel, and know lavish abundance, and recognize it instantly.

I manifest lavish abundance in all forms of supply at all times.

I feel opulent, look opulent, and live in and express opulence at all times.

I know instantly and forever that God's substance is inexhaustible.

I know fully that every need is met.

I know instantly and forever that I can always give freely and generously, because in the substance of God there is always plenty to share and to spare.

I have absolute faith in the promises of God, and act upon them.

I am guided and governed by my Christ indwelling.

I am serene and confident, joyous and peaceful, being firmly established in a lasting sense of security.

I know my supply inflows evenly, easily, constantly.

I expect it joyously this instant, and always.

I take it divinely for granted.

I know that wherever I am, my wealth is there also.

I am alive and alert to the guidance of divine intelligence within me, opening my consciousness to new avenues of supply.

I use the perfect ideas that are divinely revealed to me.

I rejoice without ceasing that "my cup runneth over."

Thank You, Christ within me, for these many evidences of God substance that are constantly and freely becoming manifest through me as perfect reflections of God's good.

The proof of a thing's being right is that it has power over the heart; that it excites us, wins us, or helps us.—RUSKIN

Tithing Our Time and Attention

KATHLEEN W. WELCH

MUCH HAS BEEN written about tithing. The usual conception of tithing is that of putting aside a tenth of one's financial income for use in a way that will help humanity and God's purposes on earth. This suggestion, designed to help insure true prosperity and spiritual well-being, is clearly set forth in the Bible and is an important part of harmonious living.

However, there is another important way of tithing. It is to tithe one's time and attention. These are full, busy days for most of us. Sometimes they are filled with confusion and pressure, and it is easy to become completely immersed in the business of the day to the exclusion of all else. After a while, we may realize that the responsibilities, the problems, and the pleasures of material living are taking up our full time and attention; and we may find it difficult to change this treadmill sort of existence.

In order really to live harmoniously, productively, and in good health, it is essential for us to give regular periods of our busy lives to quiet spiritual contemplation and prayer. This will do more to relieve and release tensions, pressures, and discouragements of modern living than all the sedatives and tonics in the world.

However, it takes more than a few moments at the beginning of each day to build the habit of turning to God for guidance in any undertaking, great

or small, and this is what is needed if we are to be truly successful and truly prosperous. The outer kingdoms of the earth are in turmoil; "wars and rumors of wars" abound, governments come and go, and much in the outer world causes confusion and disillusionment. But there is a kingdom of heaven within man; it is a realm of harmony. In this realm there is no confusion, no war, no greed, no disappointments, no dictatorships, no poverty, sickness, or death. Jesus promised, "Ye shall know the truth, and the truth shall make you free." The invisible kingdom of heaven "at hand" within man awaits his discovery for its manifestation in him and in his world.

In any other line of worth-while endeavor we know that it is necessary for us to give it our serious time and concentrated attention. A symphony was never composed without effort and attention; a picture was never painted, a play never written, a dress never designed, an invention never brought from the invisible realm of thought without the giving of patient time and attention. How much more important, then, for us to give at least as much time and attention to the presence and power of God, who is the very source and creator of all constructive and productive ideas, of all order and balance, and of all efficiency and beauty.

Such a tithing of time and attention faithfully given to the "practice of *the presence of* God" can work seeming miracles in our lives. A clearer perception of God's ever-present love and wisdom can smooth out the most stubborn snarls in our personal and business relationships. Recently I heard about a

businessman who was despondent over his business affairs. Market conditions, taxes, business regulations seemed to be conspiring to put him out of business. He was at the point of breaking, both physically and mentally, when a close friend called on him at his office. Seeing the desperate look in his eyes, this friend started to talk to him quietly about God and God's power. The businessman was not a very religious person. To him God was some remote, mystical Being far removed from man and his petty troubles. But there was something in his friend's sincerity and confident strength that held his attention.

"Have you ever tried taking God into your confidence?" the friend asked. "After all, being the source and originator of all constructive ideas, He would make a pretty good partner. Take my advice; talk to Him several times a day as a friend and a partner. Turn all the problems over to Him; have confidence in His wisdom and intelligence. Drop the burden and fears. Try it and see what comes."

When the friend left the office, this man, though feeling at first strange and a little skeptical, did pray to God. He asked God to help him understand, so that he might pray in the right way. He asked God to be his partner and adviser. He asked Him to take away the panicky fears and anxieties that had been wearing him down. And remembering his friend's words, he asked God to send him some new and constructive ideas for his business. He left the office feeling more at peace than he had for a long time.

The next day, he again took time for quiet talks with his new partner; and on the third day, while sitting quietly reaching out for a response, he was

startled by the approach of a chain of constructive ideas for the running of his business.

A few weeks later, with a thankful heart, he telephoned his friend to tell him that he and his new partner were doing fine. They were putting new ideas into operation, and the business outlook was improving with each step taken. Such is the power of trusting prayer, and such the reward of giving some of our time and attention and loving trust to the infinite creative intelligence!

Do you have a sense of limitation? Do you desire to manifest a "more abundant life" and a greater sense of prosperity? Then tithe your time and attention. Feel the presence within you of the Spirit of all good, all plenty, all productive and rich ideas. Become peaceful and assured of this presence.

Charles Fillmore says that "peace and plenty go hand in hand." When wishing to bring greater prosperity into your affairs, quietly see abundance everywhere for everyone. If this abundance is a spiritual heritage, given to man from God, then it must be universal and available to all who will recognize it. True success and true prosperity consist of an uninterrupted, unlimited flow of rich and productive ideas from the Creator of all, the invisible substance in which all visible manifestation originates. These good ideas are present within man now and eternally. Some have learned to avail themselves of these ideas, these riches; some are learning, and others have not as yet awakened to this truth. However, the source is always available.

Several times a day tithe your attention; reach into this storehouse of rich ideas and realize that

they are yours to use for the good of humanity. Then you will never feel depleted or poor again. Ralph Waldo Emerson, in his essay "Self-Reliance," warns that "a man should learn to detect and watch that gleam of light which flashes across his mind from within."

Tithing your time and attention—giving a few moments as frequently as possible to realizing the presence and power and protecting love of God, seeing man's mind as part of the infinite intelligence and open and receptive to new ideas—this is one of the best investments a man or woman can make. This, if followed faithfully, will inevitably lead to constructive, helpful words and acts for the betterment of mankind, for the raising of business standards, and for honest and fair dealings with others. This is a tithing of man's time for the furtherance of God's will on earth. These few moments of silent feeling and knowing will release tensions, relax pressures, will help you to re-evaluate yourself, your fellow men, your environment, and all your affairs. Whether on a busy street in the city, on a train, watching television, giving a party, or attending a business conference, this moment of spiritual contemplation may become an acquired habit, rich in reward.

"Acquaint now thyself with him, and be at peace."

Dear Father of all, help us to establish the habit of quiet realization of Thy loving, powerful presence within and around us. May this become the most important habit of our daily living. Keep us ever faithful to it. In the name of Jesus Christ. Amen.

"Time for a Checkup!"

JUDITH MASON

TIME FOR A CHECKUP! These words are familiar to many individuals. Through newspaper, magazine, radio, and medical sources we are constantly advised that we need periodic examinations to insure our physical well-being. But how much serious thought do we give to the Great Physician? And to the checkup that is important to our spiritual as well as our mental and physical health?

God's services are free. Out of the bounty of His eternal love He tells us, "Come unto me, all ye that labor and are heavy laden, and I will give you rest." He is the great healer, to whom we can turn in any emergency. Of Him we sing:

"When other helpers fail, and comforts flee,
Help of the helpless, oh, abide with me!"

He is waiting for our call. We do not have to make an appointment or journey to an office to find Him ready to serve us. There is no such word as incurable in His vocabulary. "If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you." God furnishes a solution for every problem; a cure for every ill. "I have heard thy prayer, I have seen thy tears: behold, I will heal thee." Nothing is impossible with Him; nothing is impossible for us to achieve when we follow His divine guidance. The prescription is simple—faith and prayer—and it does not cost a penny.

Yet, as we wrestle alone with problems, we for-

get often to say to ourselves, "It is time for me to consult the Great Physician, whose comforting words reach out to remind me, 'Let not your heart be troubled, neither let it be fearful.' "

Time for a checkup? Let us, then, set aside a quiet time—a few minutes in solitude and serious contemplation—as we proceed. How about weight? Not the weight of our mortal bodies, but that of needless worry and fear, which press against our hearts and lower the resistance of our spirits. The Great Physician offers this remedy: "Fear thou not, for I am with thee; be not dismayed, for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."

How about our eyes? Is our vision perfect? Or is it so defective that we cannot see the way ahead? Do we see the beauty that God has placed abundantly about us? Or do we see only strife, strain, struggle, and evil in the world? Do we lift up our heads and our hearts and our thoughts to the radiant light of hope that He holds as a lamp before us? Or have we so neglected the joy of perfect vision that we do not behold the blue sky, missing the path leading toward happiness, abundance, and health? Jehovah says: "I will bring the blind by a way that they know not; in paths that they know not will I lead them; I will make darkness light before them, and crooked places straight. These things will I do, and I will not forsake them."

Our ears are important, too. Do we hear what is good? Or do we listen only to murmurs of dissension and doubt and dismay? Do we pause to attune our

beings to the celestial "music of the spheres," finding the harmony that the Great Physician offers to us? Or do we permit the reception of such disturbing sounds as idle gossip, negative suggestions, and careless criticism? "And ye shall call upon me, and ye shall go and pray unto me, and I will hearken unto you."

Good health in our vocal chords is also essential, so that we may utter only words of praise, prayer, comfort, love, and help.

Perfect physical digestion is dependent on mental and spiritual digestion. This is a vital part of our checkup. Do we so overeat of fearful, heavy thoughts that the processes of our minds have no room and no strength to digest the nutritious promises set before us by our Creator? Do we so indulge ourselves with the confections of self-pity, pessimism, and despair that we stultify the processes of healthful, uplifting thoughts, which will nourish and sustain us and keep us strong, alert, and ready to meet each new day with joy, courage, and confidence?

In addition, we need to give ourselves regular spiritual and mental exercise to keep our minds "in shape" and to shut out the poisonous germs of doubt and confusion.

There is no case so desperate that the Great Physician cannot heal; there is no time like now to have a checkup, to make an appointment with ourselves, to seek our heavenly Father, to wash clean our consciousness, and to let His blessed light shine upon our innermost thoughts and wishes.

Seek Him; ask for His help. Accept His ministrations; have faith in His power. He will bless your

hands, so that you may perform the work that lies before you. He will bless your ears, so that they may hear only that which is good and beneficial. He will bless your eyes, so that your vision may be clear; He will bless your feet, so that they may walk in the path of His righteousness, which leads to happiness and success. He will bless your body, so that it may be strong and healthy. He will bless your mind and your heart, so that they may be at ease and free from all pain. He will bless and lift up your spirit. He will help and sustain you, whoever you are, wherever you are. He will remove obstructions, wash away infections, and bring you the peace that always comes to those who seek His counsel.

Ask yourself as you read these words—"Is it time for a checkup?" If it is, seek the Great Physician freely, knowing that He cares, knowing that He can furnish the perfect prescription to cure all ills and that He gives it to you in great abundance from the bounty of His infinite love.

"Therefore I say unto you, All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them."

"I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst."

Oh that men would praise Jehovah for his loving-kindness, and for his wonderful works to the children of men!

Power Unlimited

CHARLES H. KYSON

ALL OF US possess mental and spiritual powers far in excess of those we use. With these powers we can achieve greater goals than we think possible, but we need increasingly to comprehend and apply the laws of love revealed to us in the Sermon on the Mount.

The Master, in a simple and constructive way, shows us the God of love, who guides the affairs of mankind with compassion, intelligence, and justice. His is the Spirit of love that functions through unlimited consciousness and opens wondrous possibilities for a more satisfying life for each of us. It is a way of life that will insure our greater health, harmony, and prosperity. So let us consider how we can grow in a consciousness that will assure us of a better today and a more inspired tomorrow.

It requires but a short time to read the Sermon on the Mount and the Ten Commandments, and herein are contained the basic principles of all the laws of God and man. Even a rapid reading of these gives an over-all perspective of the principles underlying all law. Subsequent periods of consecrated meditation devoted to these two Biblical passages will be a rewarding experience. Such meditation will unfold potentials of accomplishment for us that we may have previously considered impossible.

It is wonderful to observe the results of such a continuity of meditation and prayer. Results are

rapid and inspiring. We observe them in more harmonious family, social, and business relations. Under this new and constructive way of life our health improves, our lives take on new significance and interest. Then, too, we note a gratifying increase in our personal prosperity. We must not allow this idea of prayerful meditation to remain a fallow abstraction, but we must put it to work to realize a more perfect way of living and of giving greater scope to our unlimited consciousness.

We now enjoy our frequent moments of daily prayer and meditation, and they expand in importance as we gratefully appraise the results from them. Daily expressions of gratitude to our Father-God bring into clear focus the continuity of His good operating in our lives. We grow in a grateful recognition of the benefits from conforming to His laws of love. We perceive new and constructive ideas that continue to unfold in our explorations of the fascinating realms of Spirit and of power unlimited.

We need to cultivate and apply such potentials of mind and Spirit. By doing so we can increase our prosperity and keep it in balance with our necessary ascent in a comprehending faith. In our progress we feel a natural eagerness to help and advise others. However, we wisely refrain from doing so. Confused persons need to learn by themselves how to adjust to their vocations, to their environment, or in their attitudes and relations with others.

Persons come to us for help and make it essential that we find answers to their questions. Why do so many habitually depreciate and limit their own abilities? Why do others oppose their opportunities

and perversely obstruct new and progressive ideas. The causes lie in various manifestations of fear. Capable persons may fall into the pernicious habit of discounting their abilities because they fear failure. Any effort to advance themselves might lead to responsibility with its attendant possibility of failure. Others need to develop courage to rise above ridicule and envy from less ambitious associates.

A negative-minded person may often slangily express his unconscious fear by saying, "Me—I'm not sticking my neck out!" Such a fear can be overcome as an individual grows in consciousness of his oneness with the divinely protective principle we know as Father-God. A growth in faith brings a strongly maintained feeling of security and protection into all situations.

Many persons resist progress and new ideas because they fear change. A comfortable routine of thought and action saves them the effort of having to think. It is much easier for them to follow an emotional urge or to go along with the crowd and conform to an established pattern of thought and conduct. Change, on the other hand, requires foresight. It calls for courage to expend money, time, and effort to make necessary adjustments to new and uncertain conditions. Again, we find the answer in the Bible. In Hebrews we read, "The Lord is my helper; I will not fear." In Deuteronomy we are assured, "He will not fail thee." There is also the promise of Jesus, who lovingly heartens us, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you."

Consider how the conviction of dynamic faith

[illegible]

and acts of the Master we are impressed with His tenderness, compassion, and understanding. His kind rule dealing exemplified in His heartening words to us, "Fear not, little flock; for it is your Father's good pleasure to give you the kingdom." Such are the rewards of faith!

Where is proof of power unlimited—of Spirit limitless? We find such proof all around us. We experience this proof with our every breath, with every thought we think! Consider the complex structure and function of our bodies. With all man's scientific knowledge and techniques, can he artificially duplicate the human body? Where else but a supreme creative intelligence can endow the supreme creation—man—with the abilities to think, speak, and create?

The golden key to our heritage in Spirit is loving union. Through it we strongly feel an unbreakable interaction of our oneness with our Father-God. It was for such an intense awareness of being inseparable from Him that Jesus prayed before His betrayal. "Neither for these only do I pray, but for them also that believe on me . . . that they may all be one; even as thou, Father, art in me, and I in thee." When we receive this awareness any discordant emotion, any affliction, or any discordant condition will vanish as the darkness vanishes before the glory of the rising sun. For this is the might of Spirit acting through the power unlimited.

I Meet My God in Silent Prayer

from the writings of

CHARLES FILLMORE

Illumination: The night has vanished, and the day appears. Christ in me is my inspiration and light.

Prosperity: The riches of Spirit fill my mind and overflow into all my affairs, making prosperity manifest everywhere.

Healing: The same mind that was in Christ Jesus is in me, and I am healed, praise God, I am healed.

INSTRUCTIONS.—In all our experiences everything works out in harmony with the original idea. So it is necessary that we begin with the right idea concerning Illumination, Prosperity, and Healing. Man has never had an idea or desire that he could not fulfill, once he is consciously established in Spirit.

God is Spirit, and we who worship Him and His ideas "must worship in spirit and truth." When we speak to God as if He were right here we will get a response. The thoughts for this month should be held with the firm conviction that they are now fulfilled through God.

The intelligent power that creates and controls the universe reveals itself and its laws to those who intelligently seek them. God has made it possible for all of us to make spiritual union with the one illuminating Presence, and regardless of circumstances or the darkness of mortal limitation, to receive the full, free inflow of light from the Christ Mind. No one has ever gone down to total darkness who in his hour of need declared the almightiness of God through Christ.

Our looking to Christ and affirming that He is the source of our inspiration and light makes us depend on "him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us."

Spiritual illumination cannot be gained in an external way, and he who seeks it in the outer will be disappointed because of limitations. No steady, unfailing stream of light can be found except through union in the inner consciousness with the Christ Spirit. We may be taught by spiritual minded people, but we should not follow them blindly. It is a difficult proposition for one loaded to the brim with intellect to come into the consciousness of inner spiritual authority. There is no other way to gain true light and inspiration except through getting back to first principles and receiving illumination direct from the fountainhead.

Realizing the power of your words, affirm:

The night has vanished, and the day appears. Christ in me is my inspiration and light.

All true and permanent prosperity depends on a complete and entire change of consciousness from the belief in lack to a firm belief that Spirit is the Source of prosperity. When it has a spiritually poised mind to work through, Spirit is not limited in its power to prosper by an environment of lack.

Spirit substance, from which comes all visible wealth, is never depleted or exhausted, no matter how generously used. It is right with you and will respond to your word of faith always. The farmer may seem to get his supply from the seeds he plants, but he would never plant a seed unless he had faith in its innate capacity to increase, and that seed would never multiply without the quickening life of Spirit. Thus we see that all increase of substance depends on the quickening life of Spirit, and this fact gives us the key to mental processes that when used spiritually will greatly increase and at the same time simplify our appropriation of that inexhaustible substance which creative mind has so generously provided.

Do not say that money is scarce; the very statement will scare money away from you. Do not say that times are hard with you; the very words will tighten your purse until Spirit itself cannot slip a dime into it. Begin now to think plenty, talk plenty, and give thanks for plenty. The mind needs to be quickened with affirmations of Truth. Affirm:

The riches of Spirit fill my mind and overflow into all my affairs, making prosperity manifest everywhere.

"Have this mind in you, which was also in Christ Jesus," is the inspired injunction of Paul.

How is this mind attained? The understanding of Truth and an active faith in expressing it are necessary to gain the realization of the Christ Mind of wholeness, which expressed so perfectly through Jesus. God-Mind idealized its man, Christ. Manifest man expresses the Christ consciousness by boldly affirming his oneness with the same Mind that was in Jesus. The result is a quickening of the whole man by the Holy Spirit and a restoration of a perfect expression of life in the body.

That there is this inner consciousness of life is a mystery to one not yet able to get the realization of it. "Your life is hid with Christ in God." You can express this consciousness of Christ in God when you enter into that secret place in Spirit. There you will find the Holy of Holies. Be still and close the doors of the conscious phase of mind to the outer. Realize that Christ is now with you, lifting you to His healing consciousness in Spirit.

There is only one sure way to develop an understanding of how to demonstrate lasting health, and that is through Jesus. He is the truth that heals. He reveals God to man as Father, and shows by His teaching and His healing that it is God's will for man to be free from disease.

Declare that you are this moment made every whit whole; affirm:

"The same mind that was in Christ Jesus is in me, and I am healed, praise God, I am healed."

The Street Called Straight

MARABETH FLEMING

IN OLD DAMASCUS, we are told, one street ran straight and undeviating through the heart of the city. Branching off this street was a maze of alleys and dark passageways, corkscrewing in all directions—evil warrens where thieve abounded. Only on the main street, called Straight, was there safety in Damascus.

The New Testament tells us that Saul, blinded and stunned by his vision on the Damascus road, came into the city and dwelt in "the street which is called Straight." It was here that he was healed and here that he became the new man Paul.

Is there not a parallel in our own lives? There is one way to walk in safety. It is on "Straight Street," where the thoroughfare is plainly marked. All other roads are blind alleys and evil bazaars of the old city of worldly errors. To walk on Straight Street is to walk joyfully and with power.

But how can we be sure of the way? How can we avoid the blind alleys branching off it?

There is a sure guide, a signpost to point the way. It is love—love for the Lord, our God, and love for our fellow men, God's children. When we are in doubt about a turning we can ask ourselves, "Is this a loving thing that I would do?" If it is not, then we are in danger. But at once the way can be made clear before us, and we can stay on the broad, straight thoroughfare. Sometimes, surprised by sudden provo-

cation, we may step from the street into an alley. Sometimes others may jostle us; but love is a guidepost for our return to the street called Straight.

An artist found this true for her. She enrolled in a class to learn a new medium, but almost at once she found the instructor unco-operative, even inimical toward her. At first, her anger flared. She felt she was being unjustly treated, and her impulse was to retaliate. But she was a Truth student and she quickly set herself to finding a solution to the difficulty. Lovingly, she sought to win the friendship of the instructor. To this end she made inquiries about her and found that the woman was a displaced person, deserted by her husband, and desperately anxious to eke out a living in a strange land.

"Perhaps," thought the artist, "since my work is along the same line, she is afraid that I will endanger her livelihood."

She tried to realize that loving harmony exists among all God's children and that, as a child of God, she could feel only kindness toward the instructor. As she blessed the situation and the instructor, all her irritation vanished. She realized that one cannot pray for anyone and still be angry with him. She remembered the words, "Nothing makes us love a man so much as praying for him." From prayers she moved to loving acts. She put the instructor in touch with other outlets for her work, and with lessening tension she saw the inimical attitude change to one of friendliness and co-operation. The artist had been in danger of being jostled from the street called Straight, but love kept her to it.

Straight Street is the street of love, and it is also

the street of health. How true this is was brought home to a young woman who all her life had been considered delicate. She suffered especially from colds, which often prostrated her for weeks. At such times she had difficulty in breathing and at night lay propped up with pillows in order to sleep. For a long time she considered this affliction inevitable and spoke sadly of "my colds." Then one day, as she felt the familiar congestion beginning, she rebelled. "I don't have to harbor this affliction!" she thought. "It is not *my* cold. I disown it. God is healing me now."

All day long, while working in an office, she declared God's healing power. Though breathing was difficult for her, she did not mention it to her associates. And that night, though she still felt the congestion, she went to bed with the firm belief that God was overcoming her disease, and she returned thanks that it was so. In the morning when she awoke she was healed. Now she says with joy, "I don't have colds." She is safely out of the dark alley and is now walking confidently on the street called Straight.

Straight Street is also the street of fulfillment. Are you perhaps wandering in some dark maze where your talents seem hidden and unused? Then know that God is waiting to show you the way to the street called Straight.

A young man once had difficulty in finding a position suitable to his ability. Well-educated and capable, he felt himself lost in a labyrinth, harnessed to a job that took long hours and left neither time nor strength for anything else. He had asked the Father

for guidance and affirmed with all the faith he could muster that God would lead him to his right place. But thinking in human terms, he wondered how it could be possible when he was in an obscure place, away from the main thoroughfare of life.

Then one day, during a midmorning coffee break, he fell into conversation with a man who dropped into the seat beside him. It developed that this man was a transient in the city. He had just finished supervising the installation of some equipment in a new plant that had been built nearby and the next day was leaving for the West.

"Why don't you go to see them at this plant?" he suggested. "They're looking for an intelligent young fellow to take charge of the office."

The young man followed the suggestion and obtained the position. One might call it "chance over a cup of coffee." But was it chance that on the last day of the engineer's stay in the city he should fall into conversation with the young man? Was it not, rather, God saying, "This is the way"? Truly, this young man was led out of the dark alley into the street called Straight.

"And what shall I more say? for the time will fail me if I tell of" the men and women who, wandering in crooked streets, have been directed to the beautiful street called Straight?

No matter how dark and devious seems the alley where you are wandering, God will show you a way of escape.

"And ye shall seek me, and find me, when ye shall search for me with all your heart. And I will be found of you, saith Jehovah." When we truly seek

God we let Him take charge of our affairs. Wherever we are, He is waiting to lead us onto the broad street. Place your life in His care and step forward with confidence onto the street called Straight. It is the way of love, of health, of fulfillment. Truly, they who walk there go forward joyfully and with power.

Goldenrod

Goldenrod brings me golden dreams!
Again I am a child, it seems,
Treading barefoot down a lane
Wet with silver after rain!
When sprays of yellow line the road
Like a fairy's golden load.
Again I am a princess child
Where the winds blow sweet and wild:
Dreaming dreams of fairyland,
A golden wand within my hand
To make my dearest dreams come true—
And oh, what precious ones I knew!
Goldenrod takes me back again
Down a winding wildwood lane
In a charming country town,
Where hearts seemed light as thistledown,
And dusk and dew and flower scent
Mingled with peace and sweet content.
When goldenrod casts its magic spell,
God seems near, and all is well!

—Cora May Preble

"It Will Surely Come"

MARY OLIVE HUDSON

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For the vision is yet for the appointed time, and it hasteth toward the end, and shall not lie: though it tarry, wait for it; because it will surely come, it will not delay.

ARE YOU ACQUAINTED with this lovely prophecy, tucked away in the seldom-read book of the prophet Habakkuk? It thrills with music and with promise. It is poetry, and with bated breath we stand in awe and wonder whether it can be applicable to us.

We have longed for the vision. When will be the appointed time? Will it really open to us the mystery of life and tell us the truth? How shall we wait while it tarries? And do we not here have a contradiction? First we are told to wait, though it tarry, and then we are told that it will not tarry. Which am I to believe, or how is it possible to believe both?

Habakkuk was burdened with the injustices of the world of things and of sense. There was chaos and violence, and the forces of evil were the triumphant forces. Yet he could see that evil has within it the roots of its own destruction, and that the reason why God does not overrule man is that He is "of purer eyes than to behold evil," and cannot "look on perverseness." Man has dominion on the earth plane. He has the right of choice. God is the unchanging principle of good, but He does not force Himself

upon man. As long as man chooses to look to outer sources and to worship things, he has the privilege of doing so.

Habakkuk is you and I struggling against the seeming odds of fate, beholding God as All-Good, but unable to incorporate All-Good into our lives. The circumstances in which we find ourselves enmeshed are too much for our finite understanding, and certainly too difficult for us to solve triumphantly alone.

What shall we do about it? What did Habakkuk do? "I will stand upon my watch, and set me upon the tower, and will look forth to see what he will speak with me, and what I shall answer concerning my complaint."

The tower is the high place of consciousness. The watch is meditation and the silence. Habakkuk saw the futility of the graven image—man's human, limited concept of God—and declared: "Jehovah is in his holy temple: let all the earth keep silence before him." This is the Lord of our own being, who dwells forever within our spiritual self. It is the earth that is to keep silence, the temporal things of sense.

If I wait until I am worthy and ready for this communion, I shall never have it. In the midst of the turmoil, when everything looks dark and I am utterly defeated, I am to go aside and seek the quiet place, and I am to know in spite of all the seeming that there is only the one Presence and one Power. I shall cleanse my consciousness by denying the reality of the appearance of evil, and I shall affirm only that which is pure and perfect. Then I shall wait in the

silence for the "still small voice."

The answer will probably not burst upon me all at once in a vision of dazzling whiteness, such as struck Saul blind upon the road to Damascus, but it will give me the key that will unlock one by one the doors to the inner sanctuary, and one by one the mysteries will be revealed to me as I unfold in understanding.

Yes, the vision is for an appointed time. Not that God arbitrarily sets a time when He will reveal Himself to man, but that the vision will come when man is ready to receive it. Man determines the appointed time. God is ever ready and waiting. He even pushes gently at the door of our hearts, but we mostly misinterpret the divine urge. "Behold, I stand at the door and knock: if any man hear my voice and open the door, I will come in to him, and will sup with him, and he with me."

The "appointed time" is both now and the moment of realization. All that God is through all eternity is concentrated in the everlasting here and now, the solution to our problems, manifestation of our good to the degree of our recognition. God never tarries. But man's consciousness lags behind even his intellectual knowing. It is realization that is manifestation, and that is usually not instantaneous. It generally takes time for us to realize deep within our consciousness (out of which are the issues of life) that the spiritual essence, the idea, is itself the fulfillment.

Realization is the vision. "And Jehovah said unto Abram . . . Lift up now thine eyes, and look from the place where thou art, northward and southward

and eastward and westward: for all the land which thou seest, to thee will I give it, and to thy seed for ever." We may have whatever we have the capacity to visualize.

The "appointed time" is renewed from moment to moment throughout our sojourn in the realm of time and space. We are spiritual beings. Like the prodigal son, we came from the Father's house. We can catch a vision of what the Father's house is like, because we used to dwell there, and we have the remembrance of it deep within us. Our journey is back to the Father's house. It has been said that the entire teaching of Jesus has to do with the mental and spiritual evolution of man by which he is gradually weaned away from his animal state and gradually established in the state of the spiritual being that he is in reality. In other words, the journey back to the Father's house is a journey of recognition of that which eternally is.

Man is not destined to remain the kind of creature he now appears to be. Our evolution is not yet complete. We are predestined and foreordained for a vastly different form of existence than that in which we now find ourselves. The names by which we generally call it are "cosmic consciousness" or "fourth-dimensional living." We have a continuous rendezvous with destiny and at the "appointed time" we experience the vision of that which we are in reality!

In the meantime, while the vision seems to tarry, what shall we do? Wait for it in the sure knowing that it will come. This is faith, and faith is the very substance of the thing hoped for, the evidence of the thing as yet not visible.

What a glorious privilege is the silence, during which we discipline the mind to hold the vision in faith. Habakkuk states it thus:

"Jehovah, the Lord, is my strength;
And he maketh my feet like hinds' *feet,*
And will make me to walk upon my high places."

Just as the hind places his two rear feet in the exact tracks made by his two front feet, and thus reaches the mountain heights in safety, so we shall reach the spiritual heights that are our destiny by dedicating our minds to the holding of divine ideas.

My Destiny

Della Adams Leitner

I will fulfill my destiny;
What God designed for me
Will be accomplished in His way.
I do not ask to see
The future, but I pray in faith
The steps that I should go
Will be made plain and wisdom giv'n
For all I need to know.

My destiny is in His hands;
Each talent and each gift
I concentrate with true desire—
My service will uplift.
With every thought of self removed,
With every motive pure,
I would express His love and know
My destiny is sure.

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 1, October 3, 1954

UNITY SUBJECT—*Good Understanding.*

INTERNATIONAL SUBJECT—*Man's Struggle to Understand Life.*—Job 1:1; 19:7-10; 23:3-10.

1. There was a man in the land of Uz, whose name was Job; and that man was perfect and upright, and one that feared God, and turned away from evil.

7. Behold, I cry out of wrong, but I am not heard:
   I cry for help, but there is no justice.
8. He hath walled up my way that I cannot pass,
   And hath set darkness in my paths.
9. He hath stripped me of my glory,
   And taken the crown from my head.
10. He hath broken me down on every side, and I am gone,
    And my hope hath he plucked up like a tree.

3. Oh that I knew where I might find him!
   That I might come even to his seat!
4. I would set my cause in order before him,
   And fill my mouth with arguments.
5. I would know the words which he would answer me,
   And understand what he would say unto me.
6. Would he contend with me in the greatness of his power?
   Nay; but he would give heed unto me.

7. There the upright might reason with him;
   So should I be delivered for ever from my judge.
8. Behold, I go forward, but he is not *there;*
   And backward, but I cannot perceive him;
9. On the left hand, when he doth work, but I cannot behold him;
   He hideth himself on the right hand, that I cannot see him.
10. But he knoweth the way that I take;

GOLDEN TEXT—*Ye shall seek me, and find me, when ye shall search for me with all your heart.* —Jer. 29:13.

SILENT PRAYER—*I do not complain or criticize. I try to express divine love and wisdom in all my ways.*

Our greatest handicap in living victoriously is inadequate understanding. We master life only as we develop understanding of Truth, which governs life, and express it. Until then we may waste our energies in fruitless search for the causes of our failure to live abundantly.

Suffering is a universal condition of sentient life on earth. "We know that the whole creation groaneth and travaileth in pain together until now." From the pangs of physical pain to the anguish of mind that sees all hope and love depart from life, sentient life knows suffering. To overcome it, we must attain a higher level of feeling than we can reach in purely personal consciousness; namely, an excitation of the spirit. Everyone has had experiences in which the pressure of extreme excitement or impassioned feeling has, for the time being, blotted out all consciousness of some nagging physical pain. Exalted

faith has this effect. So also may a crisis of any kind in our lives or affairs or in those of our loved ones.

By fixing our entire attention and interest on a certain subject to the exclusion of all other subjects, we can remain oblivious to suffering. The part of wisdom, however, is to discover the cause of suffering and to remove it, not to ignore suffering and fail to do anything about it. The first requirement is to put our faith in the reality of the good and examine the nature of perfection. As we see where we have fallen short of this standard, we can correct our faulty expression.

From the viewpoint of the personal man the causes of suffering are often obscure, and a person may argue and discuss endlessly the nature of evil and its effects on life without gaining any real benefit. Job was "perfect and upright, and one that feared God, and turned away from evil." The drama of Job's suffering opens with the foregoing prologue. Jesus, who expressed the perfect life, died on the Cross. "No one cometh unto the Father, but by me." We find all good, which includes self-dominion and mastery of life, only through the Christ. This is the way to victory.

On the human side, Jesus entered into the universal life consciousness. On the divine side, He entered into spiritual consciousness. He said, "I can of myself do nothing." To believe in the Spirit of God as indwelling in us gives us a foundation on which to stand fast and to build surely and permanently a life that is free from the shortcomings and vexations of personal consciousness.

How a person acts under the pressure of un-

favorable conditions or circumstances is a test. Until his faith is tried, it remains the faith of the child, innocent but also ignorant of conditions that prevail in the outer world. Job was willing to be tried and had faith in the outcome. His faith was finally justified, but it underwent considerable weakening, allowing him to fall into speculation and self-justification. The drama of life abounds in mental and emotional upheavals, in the ups and downs of circumstances.

The man of action does not go down in spiritual defeat. Job's test brought him out with deeper understanding of God's omnipotence:

"I know that thou canst do all things,
And that no purpose of thine can be restrained."

Suffering enlarged the scope of his interests. "And Jehovah turned the captivity of Job, when he prayed for his friends." He entered into the universal and forgot himself in solicitude for them. To speak words that are true from the universal standpoint is imperative if we would prove divine law. Suffering often teaches us to weigh our words and put into them the full strength of our thought. In praying for his friends Job fulfilled the last requirement of the law: self-forgetfulness. This act opened the channel through which his good again flowed to him in uninterrupted course. So it does for us as we play our parts in the larger life.

QUESTIONS

1. How do we master life so that we may live abundantly?
2. Is it wise to seek to become unconscious of suffering without removing the cause of it?

3. What is our first task in making the senses immune to suffering or in removing the cause of suffering?
4. Is the sacrifice of the personal self essential to freedom from physical and mental pain?
5. What profitable lesson do we find in suffering?

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Lesson 2, October 10, 1954

UNITY SUBJECT—*Unanswerable Questions Prove Faith a Necessity.*

INTERNATIONAL SUBJECT—*God's Answer to Man's Perplexity.*—Job 38:1-7; 42:1-6, 10a.

1. Then Jehovah answered Job out of the whirlwind, and said,
2. Who is this that darkeneth counsel
   By words without knowledge?
3. Gird up now thy loins like a man;
   For I will demand of thee, and declare thou unto me.
4. Where wast thou when I laid the foundations of the earth?
   Declare, if thou hast understanding.
5. Who determined the measures thereof, if thou knowest?
   Or who stretched the line upon it?
6. Whereupon were the foundations thereof fastened?
   Or who laid the corner-stone thereof,
7. When the morning stars sang together,
   And all the sons of God shouted for joy?

1. Then Job answered Jehovah, and said,
2. I know that thou canst do all things,
   And that no purpose of thine can be restrained.
3. Who is this that hideth counsel without knowledge?
   Therefore have I uttered that which I understood not,
   Things too wonderful for me, which I knew not.
4. Hear, I beseech thee, and I will speak;

I will demand of thee, and declare thou unto me.
5. I had heard of thee by the hearing of the ear;
But now mine eye seeth thee:
6. Wherefore I abhor *myself,*
And repent in dust and ashes.
10a. And Jehovah turned the captivity of Job, when he prayed for his friends:

GOLDEN TEXT—*Be still, and know that I am God.*—Psalms 46:10.

SILENT PRAYER—*The Christ Mind, which I now express, quickens me to perceive Truth.*

In the ideal, we are given dominion over the earth. In actuality, our place in the cosmic scheme is strictly defined, and so far we have expanded its limits very slightly. Through mastering some of the laws that govern the physical world we have learned to overcome some of our physical restrictions. Lack of spiritual understanding befogs the faculty of judgment and results in erroneous thinking. An increase in understanding of spiritual Truth will give the race the dominion that it has so far been powerless to exert over the world.

A whirlwind may be beyond the power of man to control. If caught in its path, man may be carried along by it. The whirlwind of affliction in which Job was caught was likewise an unexplainable or uncontrollable experience. In the rush of misfortunes in which Job was caught the helplessness of the human ego suddenly was revealed to him. Even in the depths of his misery he had boasted that he would retain his integrity and defend his conduct before God. He now saw that he could not even tell how he came by his integrity or how life began in

the first place. The foundations of the earth were laid long before he was born. He saw himself confronted by unanswerable problems. The Christ consciousness alone gives the answers: "Before Abraham was born, I am"; "I Jesus . . . the bright, the morning star"; "and now, Father, glorify thou me with thine own self with the glory which I had with thee before the world was."

"The springs of the sea" are likewise unknown by us. We have theories concerning them; but they remain theories, for we have not seen the "springs of the seas," which exceed the dry land in the ratio of three to one. We comfort ourselves with the words of David, giving ourselves a sense of the all-enveloping presence of God:

"If I take the wings of the morning,
And dwell in the uttermost parts of the sea:
Even there shall thy hand lead me,
And thy right hand shall hold me."

With the help of the Christ Mind we can diminish the negations of life and increase the constructiveness until we stand on the solid ground of a sure faith, even in a world where negations outnumber affirmations three to one. We need not yield our minds to negation or allow ourselves to be overwhelmed by the realization of our infinitesimal weight in the cosmic scales. Where we cannot see we can live by faith.

We know somewhat now of the "treasuries of the snow, and the "treasuries of the hail." We know that they are other forms of water, but we do not know why they assume the shape of multiform crystals or why each is perfect in its peculiar form.

The star clusters of the Pleiades and Orion are beyond our ken. We can only behold and wonder at their constancy and worship the unchanging God who created them. But we recognize in all these phenomena a law and an order that is universal and to which we and the life that is within us are no exceptions. We realize that we are part of the plan that is everywhere manifested in the universe and that without the law and order which we behold everywhere around us we should not be here to give expression to the thoughts of our hearts and to the power of one Mind.

When the conditions for its sustenance became favorable the raven appeared on earth, but not before. The same is true of ourselves. If the earth did not contain bountiful sources of food and drink to sustain us, we should not be here. This world is our home, and we belong on it by virtue of divine law. Our dominion over it is in its initial stages; but as we enter into the Mind of Christ, we learn to control what otherwise is uncontrollable and to explain the otherwise inexplicable.

To all the questions that He asked of Job, the answer that God puts into our hearts is Christ, and the answer is adequate.

QUESTIONS

1. How may we learn to exercise the dominion over the earth that is rightfully ours?
2. How can so-called unanswerable questions be answered?
3. How can we lessen the negations of life and increase its affirmations?
4. Have we any proof that we are part of the universal plan?

5. What has divine law to do with our presence on earth?

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Lesson 3, October 17, 1954

UNITY SUBJECT—*The Way of Wisdom.*

INTERNATIONAL SUBJECT—*Wisdom for Daily Living.*—Prov. 3:1-6; 4:10-15, 18, 19.

1. My son, forget not my law;
   But let thy heart keep my commandments:
2. For length of days, and years of life,
   And peace, will they add to thee.
3. Let not kindness and truth forsake thee:
   Bind them about thy neck;
   Write them upon the tablet of thy heart:
4. So shalt thou find favor and good understanding
   In the sight of God and man.
5. Trust in Jehovah with all thy heart.
   And lean not upon thine own understanding:
6. In all thy ways acknowledge him,
   And he will direct thy paths.

10. Hear, O my son, and receive my sayings;
    And the years of thy life shall be many.
11. I have taught thee in the way of wisdom;
    I have led thee in paths of uprightness.
12. When thou goest, thy steps shall not be straitened;
    And if thou runnest, thou shalt not stumble.
13. Take fast hold of instruction; let her not go:
    Keep her; for she is thy life.
14. Enter not into the path of the wicked,
    And walk not in the way of evil men.
15. Avoid it, pass not by it;
    Turn from it, and pass on.

18. But the path of the righteous is as the dawning light,
    That shineth more and more unto the perfect day.
19. The way of the wicked is as darkness:

They know not at what they stumble.

GOLDEN TEXT—
Trust in Jehovah with all thy heart,
And lean not upon thine own understanding:
In all thy ways acknowledge him,
And he will direct thy paths.

—Prov. 3:5, 6.

SILENT PRAYER—*I lift up my soul to envision the Truth of God and I heed His voice of wisdom.*

The object in educating the young is to spare them as much as possible the necessity of learning by experience the well-known truths that apply to life. With the time and energy thus saved they are equipped to advance into fields of new and untried truth and to make real progress for the race. At the risk of being considered a preacher and not a doer, one may give the young the teaching in today's lesson text as a guide or rule of life.

The first rule is that for long life. He who learns by the trial-and-error method postpones the contribution he is capable of making to the progress of the race while he establishes himself on the sure ground of experience. The "way of wisdom" is a well-marked path to those whose mental eyes are open.

The way of wisdom for man is that which puts him in harmony with universal law. To learn this law and enter into this harmony, patience and perseverance usually are necessary. The law that man has made and promoted presents uprightness as the way of wisdom. Experience proves that it is so. The natural man's laws require the keeping of the moral law. Under its provisions he holds himself apart

from wickedness in all its forms.

"Enter not into the path of the wicked,
And walk not in the way of evil men."

The keeping of divine law is equally obligatory. He who does not observe the law of life shortens his days instead of lengthening them. When he does not reap ill-health as a consequence other penalties accrue, and other satisfactions become impossible of realization.

The balanced character belongs to him who has learned to control his thought life. This includes both conscious and subconscious thought. The issues of life spring from the subconsciousness; and in order to control what is below the surface of consciousness, nothing avails so much as right habits painstakingly formed. Words kept "upon the tablet of thy heart" are first held in the conscious mind by faithful practice. Once they have become part of the mental habit, the effort to hold them is no longer noticeable. In the beginning, however, all diligence is needed to this end.

The issues of life are the outcome of our habitual thoughts. If the lines fall to us in pleasant places, it is because we have cultivated a pleasant frame of mind. The worst cannot come to one whose attitude toward life is that of cheerful acceptance.

Generally speaking, everyone knows what is right and what is wicked, so no exact listing of either is necessary. The teachable attitude is to be desired, but one must discriminate between what is worth learning and what is best left alone. "The wicked . . . eat the bread of wickedness," or dwell so constantly on the thought of evil that it becomes their sustenance.

They "drink the wine of violence," or think and act without regard for the rights of others, forcing their way by self-will and the arbitrary exercise of whatever power or influence they have.

He who obeys the law of his being, whether written on the statute books or on the heart, finds the way growing clearer as he goes forward. There is power in upright thought, speech, and action. They clarify the thoughts and quicken the understanding.

He whose sole desire and animating motive is to discern what is right and to do right always finds life simplified compared with that of the person whose motives are selfish and ulterior. He whose standards of right and wrong veer and shift with the exigencies of the occasion is blind spiritually and does not understand the consequences of the course that he chooses.

To keep the heart with all diligence is to guard the hidden thoughts and motives until the thought habits become instinctively right and true under all circumstances. Experience has taught man the immense value of a subconsciousness that is disciplined and ready always to carry out the behest of the will.

Experience has taught man that moderation in all things is the right road for him, making self-control easy and natural to him through giving him mastery of his life. All one's ways are established by the temperate habit of living.

A standard is of value only as it is kept. To turn from one's standard of temperance or moral integrity ever so slightly and admit a lower standard is to destroy one's gain under the higher. One is to "not turn aside to the right hand nor to the left" but to keep

to a true course, removing evil from all one's actions. In this way the happy, even tenor of life is maintained, and man is blessed in all his ways.

QUESTIONS

1. What is the way of wisdom for man? What must he do in order to follow it?
2. Interpret the statement, "The wicked . . . eat the bread of wickedness, and drink the wine of violence."
3. Have upright thought, speech, and action any power to quicken man's understanding?
4. Of what help to anyone is a standard of conduct?

Lesson 4, October 24, 1954

UNITY SUBJECT—*The Value of Education.*

INTERNATIONAL SUBJECT—*Making Home Life Successful.*—PROV. 4:1-4; 6:20-23; 19:13, 14; 31:10-12.

1. Hear, *my* sons, the instruction of a father,
   And attend to know understanding:
2. For I give you good doctrine;
   Forsake ye not my law.
3. For I was a son unto my father,
   Tender and only beloved in the sight of my mother.
4. And he taught me, and said unto me:
   Let thy heart retain my words;
   Keep my commandments, and live;

20. My son, keep the commandment of thy Father,
    And forsake not the law of thy mother:
21. Bind them continually upon thy heart;
    Tie them about thy neck.
22. When thou walkest, it shall lead thee;
    When thou sleepest, it shall watch over thee;
    And when thou awakest, it shall talk with thee.
23. For the commandment is a lamp; and the law is light;

And reproofs of instruction are the way of life:

13. A foolish son is the calamity of his father;
And the contentions of a wife are a continual dropping.
14. House and riches are an inheritance from fathers;
But a prudent wife is from Jehovah.

10. A worthy woman who can find?
For her price is far above rubies.
11. The heart of her husband trusteth in her,
And he shall have no lack of gain.
12. She doeth him good and not evil
All the days of her life.

GOLDEN TEXT—
My son, keep the commandment of thy father,
And forsake not the law of thy mother.
—Prov. 6:20.

SILENT PRAYER—*I hold a mirror up to Truth, that it may reveal Truth in my daily life.*

Parents have a direct obligation to train their children in ways of right living and clean, virile thinking. He who allows a child to grow up in ignorance of law and order, goodness and Truth is not a true parent. Even the lower animals give certain training to their young. The higher the degree of training and education a youth receives, the better prepared he is to face life without fear.

The purpose of education is to bring out the inner resources of the young, thus preparing them to meet experiences successfully for which they would otherwise be unprepared. No one can tell exactly what he will have to face. Therefore, education for successful living should be careful and thorough.

To heed words inspired by love is a safe course

for those who have not learned the law through their own experience. Inexperience is not always a sign of youth, for the mature, too, may lack experience. But the young are especially in need of wise training. When trained early in life by parents they accept the training as a matter of course without questioning. Law-abiding habits that are invaluable aids to future living are thus formed.

The one who is unconscious of any standard of right or truth is a person of undeveloped character. Those who recognize and follow the spiritual law of life have qualities of mind and heart that are like "a chaplet of grace" in that they beautify the life as material ornaments do the body.

To make the law of right and duty part of the child's consciousness, so that his character becomes dependable and his citizenship an asset to the community as he matures, is truly to educate the child. That which is bound continually upon the heart and tied about the neck is inalienably one's own. The way to gain this desirable state is to keep the mind busy learning Truth until it becomes familiar and beloved. Then, walking, sleeping, or waking, we make Truth a permanent part of our consciousness and act upon it instinctively.

"The commandment is a lamp." The object of a commandment is to enlighten and, at the same time, insure obedience. "When thou awakest, it shall talk with thee." To have the commandment talk with us is to have it in mind when we need it, right at hand. If we hold it in mind as we are falling asleep, it will recur to us when we awaken. The child that is equipped and companioned with such a constant

guide is not likely to err through inexperience. He has his rule, and the parents do well to teach with the rule an aspiration to follow or observe it.

"The law is light." Light represents understanding or intelligence. Without intelligence no one can make headway. With it there remains only the will to live up to one's best understanding. Will and understanding combine to make the disciplined life.

"Reproofs of instruction are the way of life." The infant must learn everything, and life becomes for him a round of "reproofs of instruction." Instruction, however, need not be in negative form. Constructive training is more effective and has the advantage, besides, of not arousing the combativeness of the child or leading to willful resistance on his part.

In the normal family whose members have a common fund of intelligence, a common understanding of life and its requirements, affection is more or less instinctive. The unity of the family is preserved by affection, which rules out inharmony and misunderstanding.

Truth, wisdom, instruction, understanding: These are an inspiring list of "lights" to be lighted in the mind. As we progress in them, we learn to delight in them. And as our hearts are enlisted in the undertaking, living aright from day to day becomes a joy. "Let thine eyes delight in my ways."

QUESTIONS

1. How are the young prepared to face life without fear?
2. What is the purpose of education?
3. How do parents protect children from the ills to

which ignorance and inexperience expose them?
4. Why is early training so essential?
5. How does a commandment "talk with" us?
6. What are the "lights" that are lighted in the mind?

Lesson 5, October 31, 1954

UNITY SUBJECT—Gains through Use.

INTERNATIONAL SUBJECT—*The Dignity of Work.*
—Prov. 6:6-11; 18:9; 24:30-34.

6. Go to the ant, thou sluggard;
Consider her ways, and be wise:
7. Which having no chief,
Overseer, or ruler.
8. Provideth her bread in the summer,
And gathereth her food in the harvest.
9. How long wilt thou sleep, O sluggard?
When wilt thou arise out of thy sleep?
10. *Yet* a little sleep, a little slumber,
A little folding of the hands to sleep:
11. So shall thy poverty come as a robber,
And thy want as an armed man.

9. He also that is slack in his work
Is brother to him that is a destroyer.

30. I went by the field of the sluggard,
And by the vineyard of the man void of understanding,
31. And, lo, it was all grown over with thorns,
The face thereof was covered with nettles,
And the stone wall thereof was broken down.
32. Then I beheld, and considered well;
I saw, and received instruction:
33. *Yet* a little sleep, a little slumber,
A little folding of the hands to sleep;
34. So shall thy poverty come as a robber,
And thy want as an armed man.

GOLDEN TEXT—

Seest thou a man diligent in his business? he shall stand before kings;
He shall not stand before mean men.

—Prov. 22:29.

SILENT PRAYER—*I develop my spiritual faculties by exercising them in spiritual ways.*

The first Adam was placed under the curse of having to earn his bread by the sweat of his brow. Like most divine edicts, this curse evolved into one of the greatest blessings we have received. Physical man develops through physical exercise. Mental man develops through learning to think logically and purposefully. Spiritual man develops his spiritual gifts by using them. "Use or lose" is the stern necessity of our nature, whether we consider our physical, our mental, or our spiritual side.

The effects of physical inertia are too well-known to require comment. They are well set forth in the text of the lesson. We are accustomed to think of laziness as a characteristic of the natural man, but it does not characterize the natural world altogether. Ants, bees, and wasps are indefatigable workers. In their case, the instinct of self-preservation becomes the keenest wisdom. Thoroughly provident, the ants of Palestine, and doubtless ants everywhere else, lay up supplies of food in their nests against periods of drought and flood when they would otherwise be unable to live. Squirrels also lay up stores of nuts, working as long as the supply lasts, so that they may survive the winter months.

In the mental realm we see that the most ac-

tive persons intellectually are those who from an early age have exercised the mind by reading and study. Benjamin Franklin and his friends formed a reading club in their youth, meeting regularly to discuss the books they had read and the vital issues of the day. It was the best possible preparation for the role of leader in statesmanship and philosophy that Franklin later played.

The "things of the Spirit of God," Paul tells us, "are spiritually judged." To develop spiritual discernment, we exercise our faculties in spiritual ways. Understanding, which is one of the highest faculties, is developed through prayer, aspiration, experience, and study. In its higher reaches prayer is purely spiritual.

There has never been a time in our history when the need for spiritual leadership is more obvious and imperative than the present. Our free institutions and our democratic way of life, founded in the loftiest idealism, are endangered by selfish materialism within and by inimical forces without. To depend on trite platitudes to meet the situation is to sleep as the sluggard does while thorns and nettles take the fields and vineyards. We need to build, stone by stone, the walls of our defense by studying to understand our needs and those of the world and by meeting them, not as a political movement, but as a national one directed by public-spirited, patriotic citizens. We have slept too long, confining our thought to our families or immediate neighborhood interests, with no concern for the one world to which we all belong and of which we must make ourselves dynamic, conscious parts.

Spiritual consciousness is an individual matter. But until individuals awake to the necessity of making their influence felt in society, materialism will continue to rule the world. As the individual enters into spiritual consciousness, he must carry it with him into all his activities and undertakings. The power that he gains through his communion with God he must throw on the side of righeousness and justice in his dealing with his fellow men. As he rises out of self-love into the impersonal love of his fellow men, he gains insight into their motives, impulses, and needs. This insight he must put to work in the furtherance of social solidarity and good will. Merely to understand his fellow men better while holding himself aloof from their problems is to know "the fulness of the rich" that "will not suffer him to sleep."

We have no business having any more discernment and understanding than we are willing to put to use in our everyday living. Understanding and ability are available in plenty if men will only put them to full and faithful use. When this is done our sleep will be sweet, for we shall be able to rest secure, having made of our world the kingdom of peace it was divinely planned to become.

QUESTIONS

1. How are spiritual gifts developed?
2. Is inertia a characteristic of nature?
3. How do we develop understanding?
4. What form of prayer is most effective?
5. How can we apply to the best advantage our understanding of the world in which we live?
6. Are we in danger of being sluggards in understanding? How can we avoid this?

Prayers ANSWERED....

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

I Will Come and Heal

I'D LIKE TO THANK you for your prayers and tell you of the blessing I've received lately.

Recently I had something on my hands that looked like warts. I tried all kinds of ways to remove them but nothing helped. Then one day I thought of the affirmation *"Happiness fills my heart and health fills my body."* I repeated that several times a day. Without my knowing when it happened, the warts left and my hands were as smooth as ever. Thank you again for your prayers.—*Mrs. L.F., North Carolina.*

He Shall Have Abundance

SINCE WRITING YOU for a prosperity bank I have had six offers of work, although I am sixty-nine.

I have been able to handle two of these jobs and will take another in August. I was not looking for full-time work and these jobs are just what I wanted.

Thank you so much for your prayers for healing and prosperity, and may God bless your work. —*M.W., Iowa.*

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Tucson—Chas Smith, YMCA

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Hollywood—Nora Campbell, 211 Morse arcade
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Flint—Michael Giannuzzi, Metropolitan bldg
Grand Rapids—Leon Miller, 530 Scribner ave NW
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Kalamazoo—Amy Moffatt, 209 W Dutton
Lansing—Nora Hines, YWCA bldg
Midland—Aelola James, Community center bldg
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BETHESDA

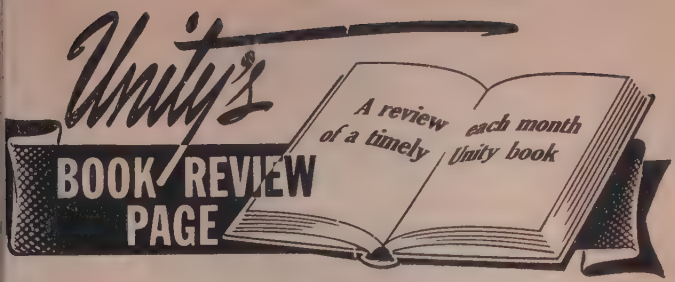
Emma P. Martinelli

Eight and thirty years the man had lain
Beside Bethesda pool, while wracked with pain
And impotence.

As others rushed to gain the waters first,
So soon the pool was stirred, no man durst
Help this brother.
Then came the Christ who knew the years
The invalid had spent in helplessness and tears
And healed him.

Bethesda's cured undoubtedly went on to face
Unending problems, new infirmities in place
Of old.

This man was healed eternally, a vast reward.
Just recompense from Him who passed that
way—the Lord,
With Truth.



Talks on Truth

By Charles Fillmore

The title of this book is a key to its contents, as it comprises fourteen talks made by Charles Fillmore. Each chapter is complete in itself and explains some important phase of the Truth teaching.

From the outset Mr. Fillmore pictures a close relationship between God and man and tells us, "God is not a person who has set creation in motion and gone away and left it to run down like a clock." He emphasizes that God is always within reach of every man, woman, and child and loves to serve and to attend faithfully the most minute needs of His children in their daily lives.

Some representative chapter titles indicating the subjects covered are: "Reform Your God Thought," "The Development of Divine Love," "The Ministry of the Word," "Ye Must Be Born Again," and "Jesus Christ's Atonement."

Talks on Truth is a textbook of fundamentals used in the Unity Training School and is recommended especially for advanced students.

(*Talks on Truth* is priced at $1 a copy.)

UNITY BOOKS AND BOOKLETS

For Beginners in Truth	Beginning Again	$1.00
	Doctor Houston Speaking	1.00
	Favorite Unity Radio Talks	1.00
	God Is the Answer — *Dutch, English*	1.00
	Great Physician, The	1.00
	How I Used Truth — *German, English*	1.00
	Lessons in Truth — *English, Italian, German, Spanish, Russian, French, Dutch*	1.00
	Letters of Myrtle Fillmore	1.00
	More Wonderful You, A	1.00
	New Ways to Solve Old Problems	1.00
	Peace Begins at Home	1.00
	Prove Me Now	1.00
	Story of Unity, The	1.00
	Things to Be Remembered	1.00
	Whatsoever Ye Shall Ask	1.00
For Healing	Christian Healing — *German, English*	1.00
	Divine Remedies	1.00
	Jesus Christ Heals	1.00
	Truth Ideas of an M.D.	1.00
	You Can Be Healed — *Swedish, English*	1.00
For the Home	You and Your Child — *French, English*	1.00
For Prosperity	Both Riches and Honor — *French, English*	1.00
	Prayer in the Market Place	1.00
	Prosperity	1.00
	Prosperity's Ten Commandments	1.00
	Working with God	1.00
For Inspiration	Best-Loved Unity Poems	1.00
	Be of Good Courage	1.00
	Household of Faith, The	5.00
	Lovingly in the Hands of the Father	1.00
	Mightier than Circumstance	1.00
	Prayer Changes Things	1.00
	Sunlit Way, The	1.00
For Devotion	Effectual Prayer	1.00
	Holy Bible, American Standard Version	6.50
	Keep a True Lent	1.00
For Advanced Study	Atom-Smashing Power of Mind	1.00
	Christ Enthroned in Man	1.00
	Have We Lived Before?	1.00
	Know Thyself	1.00
	Let There Be Light	2.00
	Metaphysical Bible Dictionary	5.00
	Mysteries of Genesis	1.00
	Mysteries of John	1.00
	Selected Studies	1.00
	Talks on Truth	1.00
	Teach Us to Pray — *French, English*	1.00
	Twelve Powers of Man, The	1.00
	What Are You?	1.00
For Children	Adventures of the Seven Spartans	1.00
	Barky and His Friends	1.00
	Crybaby Kangaroo	1.00
	Jet's Adventures	1.00
	Jet and the New Country	1.00
	Jet's Choice	1.00
	Teach Me to Pray	1.00

Greeting Booklets

Challenge of the Dawn	.10	Land Is Bright, The	.10
For Thy Benediction	.10	Mental Equivalent, The	.10
Gift of Immortality, The	.10	Sanctuary	.10
God Bless Your Birthday	.10	Song of Life, The	.10
God Is Blessing You Now	.10	Stream of Life, The	.10
Holy Bread	.10	Where I Am King	.10

(Any 12 of these booklets $1. Envelope included)

NEWS from UNITY

Coming Next Month in UNITY

If you have thought of repentance as a rather unpleasant subject, you will surely want to read the article entitled "Repentance," by J. F. Corless, which will appear in the November UNITY. The author says that to many, repentance means "chiefly sorrow for one's own sinful acts, followed by a resolve, often accompanied by prayer, to refrain from such acts in the future."

However, according to Mr. Corless, "the repentance that Jesus demanded was something far more practical and effective than sorrow, self-pity, or self-condemnation. It was a definite turning of the mind from sin toward righteousness."

He emphasizes that we must turn from thoughts of poverty, sickness, criticism, and condemnation to behold the presence, power, and love of God. Repentance is portrayed as a glorious exercise by which we shall be set free from bondage and brought into a consciousness of our unity with God and all good.

This article will give you a different slant on the subject of repentance, and you are sure to gain new ideas that you can use to advantage in your life.

You Can Help Us by Renewing Early

During the busy Christmas season nearly 350,000 subscriptions for various Unity periodicals will expire! And this comes at a time when our office is already stacked high with piles of Christmas orders!

Will you help us? Will you send in your advance renewal order now, if your subscription expires at any time in the next few months, so

that we can handle it before the rush season? Your renewing now will be appreciated by every Unity worker. In addition, it will enable us to make some other person happy on Christmas morning with a Unity publication. Thank you.

Features Article by English Author

The October 10 issue of *Weekly Unity* contains an article entitled "Proclaim Your Faith!" written by Phyllis M. Costigan, an English author. In her article she tells of several persons who find happiness and success by proclaiming their faith in the face of difficulties.

One of these persons is a young girl named Helen, who is to take examinations for a scholarship. Although it seems that she has little chance of winning, she proclaims her faith, and she wins the scholarship.

In addition to articles such as this, each issue of *Weekly Unity* contains a "Things to Be Remembered" column, by Lowell Fillmore; a message from Silent Unity; Bible lessons; letters about answered prayers; inspiring poems; and other feature departments. A full year's subscription, fifty-two issues, is $1.

A Message from the President of Unity

Lowell Fillmore, president of Unity School, has given much thought to the problem of juvenile delinquency recently. He says: "Juvenile delinquency can best be avoided by giving right instruction to the little children. Punishment will not prevent it. Passing laws will not be so effective in remedying this need as will creating right ideals in the minds and hearts of little children. Children need to know and feel that God is always with them, helping them to be good, happy, healthy, loving, and kind.

"The children's magazine *Wee Wisdom* can aid parents to lift up the ideals of their little ones in a wonderful and entertaining way. *Wee Wisdom* contains interesting stories that stimulate right ideals and actions in the child. *Wee Wisdom* makes both the child and the mother or father who reads it to him happy, and it establishes a better feeling of co-operation in the home.

"Why not order *Wee Wisdom* for your children or your neighbor's children today? You can help improve the coming generation by sending *Wee Wisdom* to children. The small cost of a year's subscription—$2—is a mod-

est amount to spend to teach a child good principles that will guide him the rest of his life. Two dollars spent on toys may soon be forgotten by the child, but two dollars invested in *Wee Wisdom* will remind the child twelve times of your love and God's love as it comes into his life every month with new entertainment and inspiration."

A Football Story for Young People

Teen-agers who like football stories will certainly want to read "'Left-Out' Lefty," by Jay Worthington, which appears in this month's issue of *You,* Unity's Truth magazine for boys and girls in their teens. This story concerns a quarterback who constantly refuses to call play 44, a halfback who wonders why, and what occurs when play 44 is finally used.

The October issue also includes an inspiring interview with Ted Mack, of "The Original Amateur Hour" television program. This interview, written by Dena Reed, is entitled "Through Faith and Divine Guidance You Can Achieve"; those thinking about and planning their lifework will find it extremely helpful.

You magazine will give teen-agers the answers to many of their daily problems. A subscription for *You* magazine is $1 a year.

"It's Just Good Business!"

Probably you have used this expression in your daily life, whether or not you are actually a business person. We say, "Honesty is good business" or "courtesy is good business," meaning simply that honesty and courtesy pay dividends when used in daily life.

It is in this sense that the title of Unity's *Good Business* magazine should be interpreted. *Good Business* is not intended solely for the person who heads some corporation or enterprise—although, of course, it will help him, too. *Good Business* is designed to aid and inspire every man or woman who is engaged in the business of living, and its true-life stories, articles, and fine poetry will help anyone to conduct his daily life with greater happiness and success.

The October issue of *Good Business* contains an article entitled "Side Line," by the well-known Truth writer Gardner Hunting. In it he discusses the power of words and how we can use them for

good in our lives. Mr. Hunting states that whatever our business is, we should make good words our side line. A year's subscription for *Good Business* is only $1; so if you are not familiar with this excellent magazine, why not order your subscription from Unity headquarters?

Two Pamphlets Added to List

Two pamphlets offering special help and inspiration have been added to Unity's list recently. They are: "The Journey of Today," by James Dillet Freeman; and "The Simple Prayer," by Mary Louise Kupferle. The first is a short article, meditation, and poem emphasizing the importance of living today; the second is an article from *Weekly Unity* to inspire trust in God's power even in the face of seemingly insurmountable difficulties.

In addition to these two pamphlets, which are five cents each, Unity has more than one hundred other pamphlets available offering a wide selection of Truth subjects.

To obtain a free order form listing all the Unity five-cent pamphlets, write to Unity headquarters at Lee's Summit, Missouri.

Two Retreats at Unity This Month

During October two retreats will be held at Unity headquarters—the Fall Retreat, from October 9 to 16, and the Harvest Retreat, from October 23 to 30. For further information or to make reservations for either or both retreats, write to the Director, Fall (or Harvest) Retreat, Unity School of Christianity, Lee's Summit, Missouri.

For Sunday-School Teachers: Practical Help

"I am a Sunday-school teacher in a neighborhood church," writes a woman in Illinois, "and I use the *Unity Sunday-School Leaflet*. My class consists of five girls and five boys eleven years of age. They all eagerly await the Frank and Frankie story each Sunday, and I find the rest of the *Leaflet* very helpful also."

The *Unity Sunday-School Leaflet* is a valuable aid to Sunday-school teachers or to parents who wish to teach their children Truth principles at home. The *Leaflet* is priced at $1 a year and is mailed monthly in packages containing a *Leaflet* for each Sunday and one *Teachers' Section* covering the entire month's lessons.

THE STORY OF UNITY

"We are very happy to offer *The Story of Unity* to you," reads Unity School's message in the front of this book. "As you read this book you will live with the founders of Unity; you will see their Truth consciousness grow; and you will see their vision of 'peace on earth, good will toward men' coming true. May *The Story of Unity* lead you to all the good that you desire."

These words aptly express the purpose of this new edition: to make available to everyone the inspiring story of the founding and growth of Unity, so that all may learn to use and benefit from the practical principles it sets forth.

The Story of Unity (priced at $1) is an abridged edition of the de luxe Unity book *The Household of Faith,* by James Dillet Freeman (price $5). It is a standard size book, contains 222 pages, is bound in Keratol, and includes all the original text by Mr. Freeman. It omits only the selected articles by Charles Fillmore, the special binding, and the colored photographs contained in the de luxe edition. It traces the history of the Unity movement from its birth in the faith-filled minds of Charles and Myrtle Fillmore. It tells how Unity grew through the years until today it has millions of friends all over the world. You may secure your copies of *The Story of Unity* ($1 each) from your local Unity center or direct from Unity headquarters.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

DAILY WORD
Can Help You

You can start each day with renewed spiritual understanding and faith in God . . . thanks to *Daily Word,* Unity's pocket-size magazine of inspiring daily meditations.

As one reader puts it: "I want all of you wonderful people who have anything to do with the publication of *Daily Word* to know how deeply grateful I am that I know about this wonderful little magazine. It is indeed a rare gem and has brought me peace, happiness, and health that I have never been able to attain in any other way. I read it each day and try to live up to it. I feel there is a message in each lesson meant especially for me, and I am sure others who read *Daily Word* feel the same as I."

In addition to the daily lessons, each monthly issue of *Daily Word* includes beautiful poems and special articles by well-known Unity writers and teachers. Each will lift your thought and lead you toward a happier, more harmonious life.

Let *Daily Word* help you to find the kind of life you long for. A year's subscription includes twelve monthly issues and is priced at $1. Subscribe for it today for yourself or for a friend. You'll be glad you did.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"WITH GOD THERE IS ALWAYS A WAY OUT"

Recently John Lee Baughman, minister of the Unity Center of Practical Christianity in Miami, Florida, addressed a group of workers at Unity headquarters.

"Whatever your challenge of the moment may be," he urged, "have a program—choice thinking instead of reflex thinking. Fear, anger, worry are reflex thinking; they are emotional reactions. When you do not react emotionally to a situation, you will always win out. Worry is just going over what is wrong, with little intention of doing anything about it. But choice thinking actually amounts to prayer. And when you pray you really give yourself to God. At that precise moment God begins to do a wonderful thing through you. He is at work with the heat of Spirit on the problem instead of the problem's heat on you. After you have prayed, keep revising your attitude about the situation. Keep God in your attitude. Remember that from this moment on the problem is being handled. With God there is always a way out."

There are Unity ministers and teachers in more than two hundred cities in the United States, Puerto Rico, Canada, England, and Mexico who have inspiring messages to give and who will be glad to serve you. Find the center nearest you in the list given on page 83 of this magazine and attend services or classes there soon. You are sure to find help and inspiration.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Make Your Trust in God Complete

We trust God for many things. We know that the new day will dawn, that the spark of life in the seed we plant will respond. We depend on God for these things, so why should we hesitate to put our faith in Him for every need?

The Unity Prosperity Bank plan is a faith builder. Daily use of the prayer that is sent with your Bank will help you learn to depend on God in every way. Silent Unity will pray with you for your success as you follow the drill and save to send UNITY subscriptions to three of your friends. Fill in and mail the coupon, receive your Bank, and begin learning to trust God completely for your good.

UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI

Here is my order for three UNITY gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

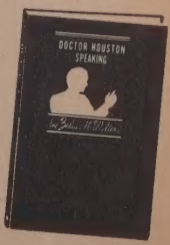
U-10-54

A New Book of
DOCTOR HOUSTON STORIES

For many years the Doctor Houston stories have been a favorite feature of *Weekly Unity*. In these stories men and women with problems come to kindly Doctor Houston for assistance, and they always receive it—not from the doctor himself, as he says, but from the Christ in their own hearts, which he helps them to recognize and bring forth.

Although the name Doctor Houston is fictitious, because the Truth teacher concerned wishes to remain anonymous, the stories themselves are entirely true. Written by Zelia M. Walters, they deal with every conceivable type of problem; besides offering real, practical help, they make fascinating reading.

The new book, entitled *Doctor Houston Speaking*, is comprised of fourteen stories from *Weekly Unity* about the kindly Truth teacher, including: "The Miracle," "New Tenants," "No Empty Heart," and "The Verdict Pronounced." Send for your copy of *Doctor Houston Speaking* (priced at $1) today. And if you do not have the first Doctor Houston book, *Whatsoever Ye Shall Ask*, order both books for only $2.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Now, Autumn

Eleanor Halbrook Zimmerman

Now, autumn rings her golden bell
To call the colored leaves to town;
And in the country, hill and dell,
Their red and gold is sifting down,
And fields hold wealth of harvest which
At God's good word rejoicing came,
While every roadside hedge and ditch
Lifts goldenrod's clear yellow flame.

Now, any time I walk abroad
I feel the earth's abiding peace,
Its glad obedience to God,
And faith in Him of sure increase.
My heart can many a lesson take
From the rich feasts that autumns make!